

SCOTLAND, THE NORTH EAST & MANCHESTER TO THE SOUTH WEST & SOUTH COAST.

**Sunday 15 May – Saturday
10 December 2022.**

Live train times online and
on our Train Tickets app.



WELCOME TO CROSSCOUNTRY.

Why not travel on Britain's largest rail network?

We call at over 100 stations that stretch from as far as Aberdeen to Penzance – enough to satisfy anyone's sense of adventure.

What are you waiting for? Start your journey today and travel across Britain directly or with one simple change. The map on the back of this timetable will show you where we can take you. We want you to have an easy, safe and enjoyable journey, wherever you are going. That's what we're all about.

Use our website or Train Tickets app to find and buy train tickets quickly and easily, without having to queue at the station.





EASIER AND CHEAPER TRAVEL

EXTRA FLEXIBILITY

You can now book with us with greater confidence. With CrossCountry you can change your train if you change your mind. We've removed the £10 fee for changing the date and time of your Advance ticket.

So, not only can you get great value Advance tickets for any train operator via our website, but you have a little extra flexibility if your plans change.

DELAY REPAY

CrossCountry aims to provide the most punctual service possible. However, if your journey with us has been delayed by 30 minutes or more to the destination printed on your ticket, we will provide you with compensation.

For more information and for Terms & Conditions for all of the above, please visit our website crosscountrytrains.co.uk



SOCIAL MEDIA

Follow us on Twitter or like us on Facebook to get the latest journey information. We have enhanced our commitment to customer service by launching a 24 hour, 7 days a week online customer contact service. We are now contactable 24/7 on our Twitter and Facebook channels to help with your travel queries, excluding Christmas Day and Boxing Day when we are closed.



@CrossCountryUK



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[Instagram.com/Crosscountrytrains](https://www.instagram.com/Crosscountrytrains)

**FOR THE
JOURNEY
AHEAD.**





WIFI

Ever thought of surfing when travelling through the countryside? There's free WiFi access on all services shown in this timetable. Please note that on-board WiFi is subject to availability.



FIRST CLASS

You can indulge in a range of complimentary food and drink items from our First Class menu, served to you at your seat 7 days a week. Breakfast is served until 1100 with our Rest of the Day offer available from 1100 onwards. For those making shorter journeys of 50 minutes or less (90 minutes at weekends and bank holidays), hot and cold drinks and light snacks are available.



SEATFROG

Got a standard class ticket? Why not download the Seatfrog app now to bid on a First Class upgrade for selected CrossCountry journeys!

Upgrade to First Class with the Seatfrog app and enjoy all the benefits that the CrossCountry First Class experience has to offer: crosscountrytrains.co.uk/seatfrog



FOOD AND DRINK

Want something sweet? Or are you a savoury sort of person? Choose from a refreshingly wide range of hot drinks, soft drinks, chilled beer and wine, sandwiches, a tasty selection of sweet and savoury snacks and hot food. Whatever your appetite, we've got something to satisfy it. Our services with catering are shaded darker on your timetable, so take a quick look. Please note catering is provided on selected routes and is subject to availability.

'We have made some changes to our catering on-board during the ongoing pandemic. Please check our website before your journey.'

crosscountrytrains.co.uk

CONNECTIONS





OTHER TRANSPORT CONNECTIONS

Details of connecting public transport services can be found through:

National Rail **nationalrail.co.uk** or **03457 48 49 50**
(24 hours, calls may be recorded)

Traveline **traveline.info** or **0871 200 22 33**
(calls charged 10p per minute from BT landlines, calls from other operators may vary)

TrainTaxiTM **traintaxi.co.uk**

PlusBus tickets – available to buy online with your train tickets at **crosscountrytrains.co.uk** – give you one day's unlimited travel on most bus or tram services connecting with major stations. Visit **plusbus.info** for further information.



INTERNATIONAL CONNECTIONS

We run direct services to Birmingham International, Southampton and Stansted airports, so take the train and start your holiday or business trip without the worry of parking. Connections to other airports – and ports – are also available from many stations on our network – see **crosscountrytrains.co.uk** for details.

Whether you're making a flight, ferry or cruise connection, we recommend that you aim to get to the relevant terminal two hours before the latest check-in time.



CHANGES TO TRAIN TIMES

If you're travelling with CrossCountry, we may need to make changes to our timetables to allow track improvement work to take place. Major track improvement work will be taking place between Birmingham New Street – Water Orton (**20 – 29 August 2022**). You're advised to check your train times before travelling by visiting **crosscountrytrains.co.uk**



BIKES

You're welcome to bring your bike! Most CrossCountry trains have two reservable bike spaces and one further space for unreserved bikes. Bikes without a reservation will be accepted on a first come first serve basis. Look out for the bike symbol and store your bike in the designated area to avoid blocking the aisle and vestibule.

Bike reservations are free and can be made via our website crosscountrytrains.co.uk/bike-reservations, Twitter [@CrossCountryUK](https://twitter.com/CrossCountryUK) or by calling **0844 811 0124** (calls to this number are charged at 7p per minute, phone networks may charge an additional fee).



LUGGAGE

Don't bring more than you can handle! We recommend that you bring one item of luggage, which measures a maximum of 90cm x 70cm x 30cm. Smaller bags can be stored under your seat, on your lap or in overhead racks. Larger bags have designated luggage areas near the entrance to each coach and in coach D of our Voyager trains. Look out for our exterior train labels to point you in the right direction!

Please do not store your luggage on the seat next to you or in doorways. If you have not been able to locate a suitable area for your luggage, please ask a member of staff for help. Any luggage in excess of this recommendation may be subject to an additional charge on-board our services, in line with the National Rail Conditions of travel.

Using your timetable

A Mondays to Fridays

B Features		Ⓩ	Ⓩ			R
C Period of operation and Notes		MO A	MX D		B	D
March	d					
Peterborough	d					
Stamford	d					
Oakham	d					
University	d		E	0420		
Worcester Pkwy	d			0456		
Chepstow	G d			-		
Caldicot	d			-		
Bristol Temple Meads	10 H d			0540	F	0640g

Note: Stations and times shown are examples only

- A** This timetable is divided by direction of travel and days of the week.
- B** The 'Features' line will contain any specific details relating to each service, for example if seat reservations are recommended. See Notes pages for an explanation of the symbols used in this timetable.
- C** Notes in the 'Period of operation and Notes' line indicate, if applicable, the dates/days on which the service operates and any additional stations the trains stop at.
- D** Stations along the route are listed on the left side of the timetable.
- E** The train stops here at the time shown. An at-seat service of drinks and light refreshments is provided on those services shown with dark shading (subject to availability).
- F** Times shown in italics are connections. You will need to change trains to arrive or depart here at the time shown. A note alongside the time will indicate where you need to change.
- G** The letters 'a' and 'd' show whether the time shown is an arrival time ('a') or a departure time ('d').
- H** Indicates the minimum connection time (in minutes) that should be allowed when changing trains. When no figure is shown, allow a minimum of five minutes.

Did you know you can get live departure and arrival times on the go with our Train Tickets app?

Scotland, The North East & Manchester to The South West and South Coast

Mondays to Fridays

Notes: see Page 51

Features



Period of operation and Notes

B

P1

Aberdeen	d					
Dundee	d					
Glasgow Central 15	d					
Motherwell	d					
Haymarket	d					
Edinburgh 10	d					
Dunbar	d					
Berwick-upon-Tweed	d					
Alnmouth	d					
Morpeth	d					
Newcastle 8	d					
Durham	d					
Darlington	d					
York 8	d					
Leeds 10	d					
Wakefield Westgate	d					
Doncaster 7	d					
Sheffield 7	d					
Chesterfield	d					
Derby 6	d				0610	
Burton-on-Trent	d				0620	
Tamworth	d				0632	
Manchester Piccadilly	d				-	0511
Stockport	d				-	-
Crewe 10	d				-	0546
Macclesfield	d				-	-
Stoke-on-Trent	d				-	0608
Stafford	d				-	0625
Wolverhampton 7	d				-	0639
Birmingham New Street 12	a				0652	0655
Birmingham New Street	d			0604	0712	0704
Cheltenham Spa	d			-	0752	-
Gloucester 7	a			-	-	-
Bristol Parkway 7	d			-	0827	-
Bristol Temple Meads 10	d	0640	0812	-	0845	-
Taunton	d	0711	0843	-	0918	-
Tiverton Parkway	d	0723	0855	-	0931	-
Exeter St. Davids 6	d	0743	0912	-	0948	-
Dawlish	a	-	-	-	-	-
Teignmouth	a	-	-	-	-	-
Newton Abbot	a	0801	0930	-	1007	-
Torquay	a	-	0946	-	-	-
Paignton	a	-	0954	-	-	-
Totnes	a	0813	-	-	1019	-
Plymouth	a	0618d	0840	-	1046	-
Penzance	a	0812	-	-	-	-
Birmingham International →	d			0614		0714
Coventry	d			0625		0727
Leamington Spa	d			0637		0739
Banbury	d			0655		0756
Oxford	d			0716		0816
Reading 7	d			0752		0852
Basingstoke	d			0811		0911
Winchester	a			0826		0926
Southampton Airport Parkway →	a			0835		0934
Southampton Central	a			0843		0942
Bournemouth	a			0914		1013

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

A

Aberdeen								
Dundee								
Glasgow Ctl 15								
Motherwell								
Haymarket								
Edinburgh 10								
Dunbar								
Berwick								
Alnmouth								
Morpeth								
Newcastle 8							0640	
Durham							0653	
Darlington							0711	
York 8					0645		0744	
Leeds 10		0611			0710		0811	
Wakefield		0623			0723		0823	
Doncaster 7		-			-		-	
Sheffield 7		0653			0753		0856	
Chesterfield		0706			0806		0908	
Derby 6	0713	0727			0827		0931	
Burton	0723	0738			0838		0941	
Tamworth	0734	0750			0850		-	
Manchester P	-	-	0705	0727	-	0827	-	0905
Stockport	-	-	0713	0736	-	0836	-	0913
Crewe 10	-	-	-	-	-	-	-	-
Macclesfield	-	-	0726	0749	-	0849	-	0926
Stoke	-	-	0745	0808	-	0908	-	0944
Stafford	-	-	0804	0826	-	0926	-	1003
Wolverhmpn 7	-	-	0818	0842	-	0940	-	1017
Bham New St 12	0752	0808	0835	0858	0908	0958	1004	1034
Bham New St	0804	0812	0842	0904	0912	1004	1012	1042
Cheltenham	-	0852	0932	-	0952	-	1052	1131
Gloucester 7	-	-	-	-	-	-	-	-
Bristol Pkwy 7	-	0929	1003	-	1022	-	1121	1210
Bristol TM 10	-	0945	1012a	-	1045	-	1131a	1219a
Taunton	-	1017		-	1130	-		
Tiverton Pkwy	-	1030		-	1142	-		
Exeter St D 6	-	1049		-	1158	-		
Dawlish	-	-		-	-	-		
Teignmouth	-	-		-	-	-		
Newton A	-	1108		-	1217	-		
Torquay	-	-		-	-	-		
Paignton	-	-		-	-	-		
Totnes	-	1120		-	1230	-		
Plymouth	-	1148		-	1257	-		
Penzance	-	-		-	-	-		
Bham Intl→	0814			0914		1014		
Coventry	0825			0925		1025		
Leamington	0837			0937		1037		
Banbury	0855			0955		1055		
Oxford	0916			1016		1116		
Reading 7	0940a			1052		1141a		
Basingstoke				1111				
Winchester				1126				
Southptn Apt→				1135				
Southptn Ctl				1143				
Bournemouth				1213				

Scotland, The North East & Manchester to The South West and South Coast

Mondays to Fridays

Notes: see Page 51

Features

Period of operation and Notes

Aberdeen	d						
Dundee	d						
Glasgow Central 15	d						
Motherwell	d						
Haymarket	d						
Edinburgh 10	d	0606			0701		
Dunbar	d	-			0723		
Berwick-upon-Tweed	d	0648			0746		
Alnmouth	d	0710			0807		
Morpeth	d	-			0822		
Newcastle 8	d	0740	0835		0840		
Durham	d	0753	0848		0854		
Darlington	d	0811	0906		0912		
York 8	d	0844	0938		0944		
Leeds 10	d	0911	-		1011		
Wakefield Westgate	d	0923	-		1023		
Doncaster 7	d	-	1000		-		
Sheffield 7	d	0956	1024		1056		
Chesterfield	d	-	-		1108		
Derby 6	d	1031	1053		1131		
Burton-on-Trent	d	-	-		-		
Tamworth	d	1050	-		-		
Manchester Piccadilly	d	0927	-	-	1027	-	1127
Stockport	d	0936	-	-	1036	-	1136
Crewe 10	d	-	-	-	-	-	-
Macclesfield	d	0949	-	-	1049	-	1149
Stoke-on-Trent	d	1007	-	-	1108	-	1208
Stafford	d	1023	-	-	1128	-	1228
Wolverhampton 7	d	1042	-	-	1142	-	1242
Birmingham New Street 12	a	1058	1108	1127	1158	1204	1258
Birmingham New Street	d	1104	1112	1133	1204	1212	1304
Cheltenham Spa	d	-	1152	-	-	1252	-
Gloucester 7	a	-	-	-	-	-	-
Bristol Parkway 7	d	-	1222	-	-	1321	-
Bristol Temple Meads 10	d	-	1245	-	-	1345	-
Taunton	d	-	1317	-	-	1417	-
Tiverton Parkway	d	-	1330	-	-	1430	-
Exeter St. Davids 6	d	-	1349	-	-	1448	-
Dawlish	a	-	-	-	-	-	-
Teignmouth	a	-	-	-	-	-	-
Newton Abbot	a	-	1408	-	-	1507	-
Torquay	a	-	-	-	-	-	-
Paignton	a	-	-	-	-	-	-
Totnes	a	-	1420	-	-	1519	-
Plymouth	a	-	1448	-	-	1547	-
Penzance	a	-	-	-	-	-	-
Birmingham International →	d	1114		-	1214		1314
Coventry	d	1125		-	1225		1325
Leamington Spa	d	1137		1202	1237		1337
Banbury	d	1155		1218a	1255		1355
Oxford	d	1216			1316		1416
Reading 7	d	1252			1341a		1452
Basingstoke	d	1311					1511
Winchester	a	1326					1526
Southampton Airport Parkway →	a	1334					1534
Southampton Central	a	1342					1542
Bournemouth	a	1413					1613

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

N

Aberdeen									
Dundee									
Glasgow Ctl 15					0748				
Motherwell					0807				
Haymarket					0851				
Edinburgh 10	0806				0905		1003		
Dunbar	-				-		-		
Berwick	0848				0948		1047		
Alnmouth	-				1009		-		
Morpeth	0924				-		1121		
Newcastle 8	0941	1035			1041		1139		
Durham	0955	1048			1053		1153		
Darlington	1012	1106			1111		1212		
York 8	1044	1137			1144		1243		
Leeds 10	1111	-			1211		1311		
Wakefield	1123	-			1223		1323		
Doncaster	7	-	1159		-		-		
Sheffield	7	1155	1224		1256		1355		
Chesterfield	-	-	-		1308		-		
Derby	6	1231	1253		1331		1431		
Burton	-	-	-		1341		-		
Tamworth	1250	-	-		-		1450		
Manchester P	-	-	-	1227	-	1327	-		
Stockport	-	-	-	1236	-	1336	-		
Crewe	10	-	-	-	-	-	-		
Macclesfield	-	-	-	1249	-	1349	-		
Stoke	-	-	-	1308	-	1408	-		
Stafford	-	-	-	1327	-	1428	-		
Wolverhmpn	7	-	-	1342	-	1442	-		
Bham New St 12	1308	1327	-	1358	1404	1459	1508		
Bham New St	1312	1333	1342	1404	1412	1504	1512	1542	
Cheltenham	1352	-	1430	-	1452	-	1552	1630	
Gloucester	7	-	-	-	-	-	-	-	
Bristol Pkwy	7	1423	-	1501	-	1521	-	1622	1701
Bristol TM 10	1445	-	1514a	-	1545	-	1645	1712	
Taunton	1518	-	-	-	1617	-	1718	1743	
Tiverton Pkwy	1531	-	-	-	1630	-	1730	1755	
Exeter St D 6	1548	-	-	-	1648	-	1748	1811	
Dawlish	-	-	-	-	-	-	-	1822	
Teignmouth	-	-	-	-	-	-	-	1827	
Newton A	1607	-	-	-	1706	-	1807	1834	
Torquay	-	-	-	-	-	-	-	1845	
Paignton	-	-	-	-	-	-	-	1852	
Totnes	1621	-	-	-	1718	-	1819		
Plymouth	1648	-	-	-	1745	-	1847		
Penzance	-	-	-	-	-	-	2047		
Bham Intl→	-	-	-	1414	-	1514	-		
Coventry	-	-	-	1425	-	1525	-		
Leamington	-	1403	-	1440	-	1537	-		
Banbury	-	1419a	-	1456	-	1555	-		
Oxford	-	-	-	1516	-	1616	-		
Reading 7	-	-	-	1541a	-	1652	-		
Basingstoke	-	-	-	-	-	1711	-		
Winchester	-	-	-	-	-	1726	-		
Southptn Apt→	-	-	-	-	-	1734	-		
Southptn Ctl	-	-	-	-	-	1742	-		
Bournemouth	-	-	-	-	-	1817	-		

Scotland, The North East & Manchester to The South West and South Coast

Mondays to Fridays

Notes: see Page 51

Features

Period of operation and Notes

P2

C

Aberdeen	d		0820			
Dundee	d		0933			
Glasgow Central 15	d		-			
Motherwell	d		-			
Haymarket	d		1050			
Edinburgh 10	d		1106		1203	
Dunbar	d		1127		-	
Berwick-upon-Tweed	d		1150		1245	
Alnmouth	d		1211		-	
Morpeth	d		-		1319	
Newcastle 8	d		1241		1337	
Durham	d		1254		1351	
Darlington	d		1311		1411	
York 8	d		1344		1444	
Leeds 10	d		1411		1511	
Wakefield Westgate	d		1423		1523	
Doncaster 7	d		-		-	
Sheffield 7	d		1456		1556	
Chesterfield	d		-		1608	
Derby 6	d		1528		1631	
Burton-on-Trent	d		1539		-	
Tamworth	d		-		1649	
Manchester Piccadilly	d	1427	-		1527	- 1627
Stockport	d	1436	-		1536	- 1636
Crewe 10	d	-	-		-	-
Macclesfield	d	1449	-		1549	- 1649
Stoke-on-Trent	d	1508	-		1608	- 1708
Stafford	d	1528	-		1625	- 1726
Wolverhampton 7	d	1542	-		1642	- 1742
Birmingham New Street 12	a	1559	1604		1658	1706 1758
Birmingham New Street	d	1604	1612	1642	1704	1712 1804
Cheltenham Spa	d	-	1652	1730	-	1752 -
Gloucester 7	a	-	-	-	-	-
Bristol Parkway 7	d	-	1722	1759	-	1824 -
Bristol Temple Meads 10	d	-	1745	1847*	-	1833a -
Taunton	d	-	1817	1920	-	-
Tiverton Parkway	d	-	1829	1932	-	-
Exeter St. Davids 6	d	-	1847	1948	-	-
Dawlish	a	-	-	-	-	-
Teignmouth	a	-	-	-	-	-
Newton Abbot	a	-	1907	2007	-	-
Torquay	a	-	-	-	-	-
Paignton	a	-	-	-	-	-
Totnes	a	-	1919	2019	-	-
Plymouth	a	-	1946	2046	-	-
Penzance	a	-	-	-	-	-
Birmingham International →	d	1614			1714	1814
Coventry	d	1625			1725	1825
Leamington Spa	d	1637			1737	1837
Banbury	d	1655			1755	1855
Oxford	d	1716			1816	1916
Reading 7	d	1752			1843a	1950
Basingstoke	d	1811				2011
Winchester	a	1826				-
Southampton Airport Parkway →	a	1834				2034
Southampton Central	a	1843				2043
Bournemouth	a	1914				2115

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8



Aberdeen								
Dundee								
Glasgow Ctl 15								
Motherwell								
Haymarket								
Edinburgh 10	1305					1508		
Dunbar	1327					1529		
Berwick	-					-		
Alnmouth	1410					-		
Morpeth	-					-		
Newcastle 8	1440			1539		1639		
Durham	1453			1552		1653		
Darlington	1512			1610		1711		
York 8	1544			1643		1744		
Leeds 10	1611			1711		1811		
Wakefield	1623			1723		1823		
Doncaster 7	-			-		-		
Sheffield 7	1656			1756		1856		
Chesterfield	1708			1808		-		
Derby 6	1731			1831		1931		
Burton	1742			-		1941		
Tamworth	-			1849		-		
Manchester P	-	1705	1727	-	1827	-	1905	1927
Stockport	-	1713	1736	-	1836	-	1913	1936
Crewe 10	-	-	-	-	-	-	-	-
Macclesfield	-	1726	-	-	1849	-	1926	1949
Stoke	-	1744	-	-	1908	-	1944	2008
Stafford	-	1802	1827	-	1928	-	2002	2027
Wolverhmpn 7	-	1817	1842	-	1942	-	2017	2042
Bham New St 12	1806	1836	1858	1906	1958	2005	2034	2100
Bham New St	1812	1842	1904	1912	2004	2012		2104
Cheltenham	1852	1929	-	1952	-	2053		-
Gloucester 7	1902	-	-	-	-	-		-
Bristol Pkwy 7	1937	1958	-	2022	-	2127		-
Bristol TM 10	1949	2008a	-	2032a	-	2144		-
Taunton	2021		-	-	-	2215		-
Tiverton Pkwy	2033		-	-	-	2228		-
Exeter St D 6	2050		-	-	-	2243		-
Dawlish	-		-	-	-	-		-
Teignmouth	-		-	-	-	-		-
Newton A	2109		-	-	-	2302		-
Torquay	-		-	-	-	-		-
Paignton	-		-	-	-	-		-
Totnes	2121		-	-	-	2314		-
Plymouth	2151		-	-	-	2343		-
Penzance			-	-	-	-		-
Bham Intl →			1914		2014			2114
Coventry			1925		2025			2125
Leamington			1937		2037			2137
Banbury			1955		2054			2155
Oxford			2018		2116			2216
Reading 7			2043a		2152			2249
Basingstoke					2211			2311
Winchester					-			-
Southptn Apt →					2234			2334
Southptn Ctl					2244			2344
Bournemouth					2314			

Scotland, The North East & Manchester to The South West and South Coast

Mondays to Fridays

Notes: see Page 51

Features



Period of operation and Notes

Aberdeen	d					
Dundee	d					
Glasgow Central 15	d					
Motherwell	d					
Haymarket	d					
Edinburgh 10	d	1607			1707	
Dunbar	d	-			1728	
Berwick-upon-Tweed	d	-			1751	
Alnmouth	d	1705			-	
Morpeth	d	1720			1823	
Newcastle 8	d	1731	1738	1835	1840	
Durham	d	1746	1752	1849	1854	
Darlington	d	1804	1810	1907	1912	
York 8	d	1837	1844	1936	1944	
Leeds 10	d	-	1911	-	2011	
Wakefield Westgate	d	-	1923	-	2023	
Doncaster 7	d	1900	-	1959	-	
Sheffield 7	d	1924	1956	2024	2056	
Chesterfield	d	-	2008	-	-	
Derby 6	d	1951a	2031	2053	2131	
Burton-on-Trent	d	-	-	-	2141	
Tamworth	d	2049	-	-	2151	
Manchester Piccadilly	d	-	-	2027	-	2127
Stockport	d	-	-	2036	-	2136
Crewe 10	d	-	-	-	-	-
Macclesfield	d	-	-	2049	-	2149
Stoke-on-Trent	d	-	-	2108	-	2208
Stafford	d	-	-	2128	-	2228
Wolverhampton 7	d	-	-	2142	-	2242
Birmingham New Street 12	a	2106	2129	2200	2208	2300
Birmingham New Street	d	2112		2204	2212	
Cheltenham Spa	d	2152		-	2252	
Gloucester 7	a	2200		-	-	
Bristol Parkway 7	d	2234		-	2321	
Bristol Temple Meads 10	d	2244a		-	2331a	
Taunton	d			-		
Tiverton Parkway	d			-		
Exeter St. Davids 6	d			-		
Dawlish	a			-		
Teignmouth	a			-		
Newton Abbot	a			-		
Torquay	a			-		
Paignton	a			-		
Totnes	a			-		
Plymouth	a			-		
Penzance	a			-		
Birmingham International →	d			2214		
Coventry	d			2225		
Leamington Spa	d			2237		
Banbury	d			2255		
Oxford	d			2316		
Reading 7	d			2350a		
Basingstoke	d					
Winchester	a					
Southampton Airport Parkway →	a					
Southampton Central	a					
Bournemouth	a					

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

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D

Aberdeen					2135			
Dundee					2248			
Glasgow Ctl 15			1900	2105	-			
Motherwell			1916	2123	-			
Haymarket			1955	-	0006			
Edinburgh 10	1808		2003	2221a	0010a			
Dunbar	1829		2024					
Berwick	1852		2047					
Alnmouth	1913		2108					
Morpeth	-		-					
Newcastle 8	1942		2137					
Durham	1955		2150					
Darlington	2013		2209					
York 8	2044		2235a					
Leeds 10	2111							
Wakefield	2123							
Doncaster 7	-							
Sheffield 7	2202							
Chesterfield	2225							
Derby 6	2250							
Burton	2300							
Tamworth	2310							
Manchester P	-	2207						
Stockport	-	2217						
Crewe 10	-	-						
Macclesfield	-	2230						
Stoke	-	2249						
Stafford	-	2306						
Wolverhmpn 7	-	2320						
Bham New St 12	2327	2337						
Bham New St								
Cheltenham								
Gloucester 7								
Bristol Pkwy 7								
Bristol TM 10								
Taunton								
Tiverton Pkwy								
Exeter St D 6								
Dawlish								
Teignmouth								
Newton A								
Torquay								
Paignton								
Totnes								
Plymouth								
Penzance								
Bham Intl→								
Coventry								
Leamington								
Banbury								
Oxford								
Reading 7								
Basingstoke								
Winchester								
Southptn Apt→								
Southptn Ctl								
Bournemouth								

Scotland, The North East & Manchester to The South West and South Coast

Saturdays

Notes: see Page 51

Features



Period of operation and Notes

P1

A

Aberdeen	d					
Dundee	d					
Glasgow Central 15	d					
Motherwell	d					
Haymarket	d					
Edinburgh 10	d					
Dunbar	d					
Berwick-upon-Tweed	d					
Alnmouth	d					
Morpeth	d					
Newcastle 8	d					
Durham	d					
Darlington	d					
York 8	d					
Leeds 10	d					
Wakefield Westgate	d					
Doncaster 7	d					
Sheffield 7	d					
Chesterfield	d					
Derby 6	d			0610		0713
Burton-on-Trent	d			0620		0723
Tamworth	d			0631		0734
Manchester Piccadilly	d			-	0511	-
Stockport	d			-	-	-
Crewe 10	d			-	0546	-
Macclesfield	d			-	-	-
Stoke-on-Trent	d			-	0608	-
Stafford	d			-	0628	-
Wolverhampton 7	d			-	0642	-
Birmingham New Street 12	a			0648	0658	0754
Birmingham New Street	d			0604	0712	0704
Cheltenham Spa	d			-	0752	-
Gloucester 7	a			-	-	-
Bristol Parkway 7	d			-	0825	-
Bristol Temple Meads 10	d	0607	0810	-	0845	-
Taunton	d	0714	0842	-	0917	-
Tiverton Parkway	d	0726	0854	-	0932	-
Exeter St. Davids 6	d	0743	0912	-	0949	-
Dawlish	a	-	-	-	-	-
Teignmouth	a	-	-	-	-	-
Newton Abbot	a	0801	0932	-	1007	-
Torquay	a	-	0945	-	-	-
Paignton	a	-	0952	-	-	-
Totnes	a	0813	-	-	1020	-
Plymouth	a	0840	-	-	1047	-
Penzance	a			-	-	-
Birmingham International →	d			0614	0714	0814
Coventry	d			0625	0725	0825
Leamington Spa	d			0637	0737	0837
Banbury	d			0655	0755	0855
Oxford	d			0716	0816	0916
Reading 7	d			0742a	0852	0940a
Basingstoke	d				0911	
Winchester	a				0926	
Southampton Airport Parkway →	a				0934	
Southampton Central	a				0942	
Bournemouth	a				1013	

Times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling National Rail Enquiries on 03457 48 49 50

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

Aberdeen								
Dundee								
Glasgow Ctl 15								
Motherwell								
Haymarket								
Edinburgh 10								
Dunbar								
Berwick								
Alnmouth								
Morpeth								
Newcastle 8								
Durham								
Darlington								
York 8				0611		0744		
Leeds 10	0609			0711		0811		
Wakefield	0623			0723		0823		
Doncaster 7	-			-		-		
Sheffield 7	0653			0755		0856		
Chesterfield	0706			0808		0908		
Derby 6	0727			0828		0931		
Burton	0738			0838		0941		
Tamworth	0750			0851		-		
Manchester P	-	0705	0727	-	0827	-	0906	0927
Stockport	-	0713	0736	-	0836	-	0914	0936
Crewe 10	-	-	-	-	-	-	-	-
Macclesfield	-	0726	0749	-	0849	-	0927	0949
Stoke	-	0745	0808	-	0908	-	0945	1008
Stafford	-	0803	0828	-	0928	-	1001	1028
Wolverhmpn 7	-	0817	0842	-	0942	-	1015	1042
Bham New St 12	0808	0833	0859	0908	0958	1004	1034	1059
Bham New St	0812	0842	0904	0912	1004	1012	1042	1104
Cheltenham	0852	0929	-	0952	-	1052	1129	-
Gloucester 7	-	-	-	-	-	-	-	-
Bristol Pkwy 7	0925	0959	-	1025	-	1125	1158	-
Bristol TM 10	0945	1008a	-	1045	-	1135a	1210a	-
Taunton	1017		-	1117	-			-
Tiverton Pkwy	1030		-	1130	-			-
Exeter St D 6	1049		-	1149	-			-
Dawlish	-	-	-	-	-	-	-	-
Teignmouth	-	-	-	-	-	-	-	-
Newton A	1108		-	1207	-			-
Torquay	-	-	-	-	-	-	-	-
Paignton	-	-	-	-	-	-	-	-
Totnes	1120		-	1220	-			-
Plymouth	1148		-	1247	-			-
Penzance			-	-				-
Bham Intl→			0914		1014			1114
Coventry			0925		1025			1125
Leamington			0937		1037			1137
Banbury			0955		1055			1155
Oxford			1016		1116			1216
Reading 7			1051		1139a			1252
Basingstoke			1111					1311
Winchester			1126					1326
Southptn Apt→			1134					1334
Southptn Ctl			1142					1342
Bournemouth			1213					1413

Scotland, The North East & Manchester to The South West and South Coast

Saturdays

Notes: see Page 51

Features

Period of operation and Notes

Aberdeen	d					
Dundee	d					
Glasgow Central 15	d					
Motherwell	d					
Haymarket	d					
Edinburgh 10	d	0606		0658		0807
Dunbar	d	-		0720		-
Berwick-upon-Tweed	d	0648		0745		0849
Alnmouth	d	0710		0807		0911
Morpeth	d	-		0822		-
Newcastle 8	d	0739		0839		0940 1035
Durham	d	0752		0853		0954 1048
Darlington	d	0811		0911		1012 1106
York 8	d	0844		0944		1044 1137
Leeds 10	d	0911		1011		1111 -
Wakefield Westgate	d	0923		1023		1123 -
Doncaster 7	d	-		-		- 1159
Sheffield 7	d	0956		1055		1155 1224
Chesterfield	d	-		1108		- -
Derby 6	d	1031		1131		1231 1253
Burton-on-Trent	d	-		1142		- -
Tamworth	d	1050		-		1250 -
Manchester Piccadilly	d	-	1027	-	1127	- -
Stockport	d	-	1036	-	1136	- -
Crewe 10	d	-	-	-	-	- -
Macclesfield	d	-	1049	-	1149	- -
Stoke-on-Trent	d	-	1108	-	1208	- -
Stafford	d	-	1128	-	1228	- -
Wolverhampton 7	d	-	1142	-	1242	- -
Birmingham New Street 12	a	1108	1159	1206	1259	1308 1328
Birmingham New Street	d	1112	1204	1212	1304	1312
Cheltenham Spa	d	1152	-	1252	-	1352
Gloucester 7	a	-	-	-	-	-
Bristol Parkway 7	d	1227	-	1325	-	1425
Bristol Temple Meads 10	d	1245	-	1345	-	1434a
Taunton	d	1317	-	1417	-	
Tiverton Parkway	d	1330	-	1430	-	
Exeter St. Davids 6	d	1347	-	1449	-	
Dawlish	a	-	-	-	-	
Teignmouth	a	-	-	-	-	
Newton Abbot	a	1408	-	1509	-	
Torquay	a	-	-	-	-	
Paignton	a	-	-	-	-	
Totnes	a	1420	-	1521	-	
Plymouth	a	1448	-	1549	-	
Penzance	a	-	-	-	-	
Birmingham International →	d		1214		1314	
Coventry	d		1225		1325	
Leamington Spa	d		1237		1337	
Banbury	d		1255		1355	
Oxford	d		1316		1416	
Reading 7	d		1339a		1453	
Basingstoke	d				1511	
Winchester	a				1526	
Southampton Airport Parkway →	a				1534	
Southampton Central	a				1542	
Bournemouth	a				1613	

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Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

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				E		F
Aberdeen						0820
Dundee						0933
Glasgow Ctl 15		0748				-
Motherwell		0807				-
Haymarket		0851				1050
Edinburgh 10		0908		1005		1108
Dunbar		-		-		1129
Berwick		0948		1047		1152
Alnmouth		-		-		1213
Morpeth		-		1121		-
Newcastle 8		1043		1139		1242
Durham		1055		1154		1255
Darlington		1113		1212		1312
York 8		1143		1244		1344
Leeds 10		1211		1311		1411
Wakefield		1223		1323		1423
Doncaster 7		-		-		-
Sheffield 7		1256		1356		1456
Chesterfield		1308		-		1508
Derby 6		1331		1431		1528
Burton		1341		-		1539
Tamworth		-		1450		-
Manchester P	1227	-	1327	-	1427	-
Stockport	1236	-	1336	-	1436	-
Crewe 10	-	-	-	-	-	-
Macclesfield	1249	-	1349	-	1449	-
Stoke	1308	-	1408	-	1508	-
Stafford	1328	-	1428	-	1528	-
Wolverhmpn 7	1342	-	1442	-	1542	-
Bham New St 12	1359	1404	1459	1508	1559	1603
Bham New St	1342	1404	1412	1504	1512	1604
Cheltenham	1429	-	1452	-	1552	-
Gloucester 7	-	-	-	-	-	-
Bristol Pkwy 7	1458	-	1525	-	1625	-
Bristol TM 10	1507a	-	1545	-	1645	-
Taunton	-	1617	-	1717	-	1741
Tiverton Pkwy	-	1630	-	1730	-	1753
Exeter St D 6	-	1649	-	1749	-	1810
Dawlish	-	-	-	-	-	1823
Teignmouth	-	-	-	-	-	1828
Newton A	-	1707	-	1808	-	1835
Torquay	-	-	-	-	-	1847
Paignton	-	-	-	-	-	1854
Totnes	-	1720	-	1820	-	1917
Plymouth	-	1747	-	1848	-	1944
Penzance	-	-	-	2053	-	2139
Bham Intl→	1414		1514		1614	
Coventry	1425		1525		1625	
Leamington	1437		1537		1637	
Banbury	1456		1556		1656	
Oxford	1516		1616		1716	
Reading 7	1540a		1652		1740a	
Basingstoke			1711			
Winchester			1726			
Southptn Apt→			1734			
Southptn Ctl			1742			
Bournemouth			1813			

Scotland, The North East & Manchester to The South West and South Coast

Saturdays

Notes: see Page 51

Features

Period of operation and Notes

P2

Aberdeen	d						
Dundee	d						
Glasgow Central 15	d						
Motherwell	d						
Haymarket	d						
Edinburgh 10	d	1205		1309			
Dunbar	d	-		1330			
Berwick-upon-Tweed	d	1245		-			
Alnmouth	d	-		1411			
Morpeth	d	1319		-			
Newcastle 8	d	1339		1443			
Durham	d	1352		1455			
Darlington	d	1412		1513			
York 8	d	1444		1544			
Leeds 10	d	1511		1611			
Wakefield Westgate	d	1523		1623			
Doncaster 7	d	-		-			
Sheffield 7	d	1556		1656			
Chesterfield	d	1608		1708			
Derby 6	d	1631		1731			
Burton-on-Trent	d	-		1741			
Tamworth	d	1649		-			
Manchester Piccadilly	d	1527	-	1627	-	1705	1727
Stockport	d	1536	-	1636	-	1713	1736
Crewe 10	d	-	-	-	-	-	-
Macclesfield	d	1549	-	1649	-	1726	1749
Stoke-on-Trent	d	1608	-	1708	-	1744	1808
Stafford	d	1628	-	1725	-	1803	1828
Wolverhampton 7	d	1642	-	1742	-	1817	1842
Birmingham New Street 12	a	1659	1706	1759	1804	1834	1858
Birmingham New Street	d	1704	1712	1804	1812	1842	1904
Cheltenham Spa	d	-	1752	-	1852	1931	-
Gloucester 7	a	-	-	-	-	-	-
Bristol Parkway 7	d	-	1825	-	1925	2000	-
Bristol Temple Meads 10	d	-	1834a	-	1945	2009a	-
Taunton	d	-	-	-	2017	-	-
Tiverton Parkway	d	-	-	-	2030	-	-
Exeter St. Davids 6	d	-	-	-	2046	-	-
Dawlish	a	-	-	-	-	-	-
Teignmouth	a	-	-	-	-	-	-
Newton Abbot	a	-	-	-	2104	-	-
Torquay	a	-	-	-	-	-	-
Paignton	a	-	-	-	-	-	-
Totnes	a	-	-	-	2116	-	-
Plymouth	a	-	-	-	2143	-	-
Penzance	a	-	-	-	-	-	-
Birmingham International →	d	1714		1814			1914
Coventry	d	1725		1825			1926
Leamington Spa	d	1737		1837			1938
Banbury	d	1755		1855			1955
Oxford	d	1816		1916			2016
Reading 7	d	1852		1940a			2052
Basingstoke	d	1911					2111
Winchester	a	-					-
Southampton Airport Parkway →	a	1934					2134
Southampton Central	a	1942					2144
Bournemouth	a	2013					2215

Times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling National Rail Enquiries on 03457 48 49 50

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8



Aberdeen								
Dundee								
Glasgow Ctl 15								
Motherwell								
Haymarket								
Edinburgh 10	1404		1505		1606			1709
Dunbar	-		1526		-			1730
Berwick	1445		-		-			1753
Alnmouth	-		-		1704			-
Morpeth	1518		-		1719			-
Newcastle 8	1539		1638		1739	1835		1839
Durham	1552		1651		1753	1848		1853
Darlington	1610		1711		1811	1906		1912
York 8	1644		1742		1844	1936		1944
Leeds 10	1711		1811		1911	-		2011
Wakefield	1723		1823		1923	-		2023
Doncaster 7	-		-		-	1959		-
Sheffield 7	1756		1856		1956	2024		2056
Chesterfield	1808		-		2008	-		2108
Derby 6	1828		1931		2031	2053		2131
Burton	-		1941		-	-		2141
Tamworth	1847		-		2049	-		2151
Manchester P	-	1827	-	1927	-	-	2027	-
Stockport	-	1836	-	1936	-	-	2036	-
Crewe 10	-	-	-	-	-	-	-	-
Macclesfield	-	1849	-	1949	-	-	2049	-
Stoke	-	1908	-	2008	-	-	2108	-
Stafford	-	1928	-	2028	-	-	2128	-
Wolverhmpn 7	-	1942	-	2042	-	-	2142	-
Bham New St 12	1904	1958	2004	2100	2107	2124	2202	2208
Bham New St	1912	2004	2012	2104	2112			
Cheltenham	1952	-	2052	-	2152			
Gloucester 7	-	-	-	-	2200			
Bristol Pkwy 7	2025	-	2125	-	2231			
Bristol TM 10	2036a	-	2145	-	2240a			
Taunton	-	-	2217	-				
Tiverton Pkwy	-	-	2230	-				
Exeter St D 6	-	-	2249	-				
Dawlish	-	-	-	-				
Teignmouth	-	-	-	-				
Newton A	-	-	2307	-				
Torquay	-	-	-	-				
Paignton	-	-	-	-				
Totnes	-	-	2320	-				
Plymouth	-	-	2347	-				
Penzance	-	-	-	-				
Bham Intl→		2014		2114				
Coventry		2027		2125				
Leamington		2039		2137				
Banbury		2055		2155				
Oxford		2116		2216				
Reading 7		2152		2252				
Basingstoke		2211		2311				
Winchester		-		-				
Southptn Apt→		2234		2334				
Southptn Ctl		2242		2342				
Bournemouth		2319						

Scotland, The North East & Manchester to The South West and South Coast

Saturdays

Notes: see Page 51

Features		Ⓩ	Ⓩ	Ⓩ	Ⓩ
Period of operation and Notes					D
Aberdeen	d				2135
Dundee	d				2248
Glasgow Central 15	d		1900	2105	-
Motherwell	d		1915	2156	-
Haymarket	d		1954	2201a	0006
Edinburgh 10	d	1807	2000a		0010a
Dunbar	d	1828			
Berwick-upon-Tweed	d	1851			
Alnmouth	d	1912			
Morpeth	d	-			
Newcastle 8	d	1943			
Durham	d	1955			
Darlington	d	2013			
York 8	d	2043			
Leeds 10	d	2111			
Wakefield Westgate	d	2123			
Doncaster 7	d	-			
Sheffield 7	d	2157			
Chesterfield	d	2209			
Derby 6	d	2229			
Burton-on-Trent	d	2239			
Tamworth	d	2249			
Manchester Piccadilly	d	2127	-		
Stockport	d	2137	-		
Crewe 10	d	-	-		
Macclesfield	d	2150	-		
Stoke-on-Trent	d	2210	-		
Stafford	d	2230	-		
Wolverhampton 7	d	2245	-		
Birmingham New Street 12	a	2302	2308		
Birmingham New Street	d				
Cheltenham Spa	d				
Gloucester 7	a				
Bristol Parkway 7	d				
Bristol Temple Meads 10	d				
Taunton	d				
Tiverton Parkway	d				
Exeter St. Davids 6	d				
Dawlish	a				
Teignmouth	a				
Newton Abbot	a				
Torquay	a				
Paignton	a				
Totnes	a				
Plymouth	a				
Penzance	a				
Birmingham International →	d				
Coventry	d				
Leamington Spa	d				
Banbury	d				
Oxford	d				
Reading 7	d				
Basingstoke	d				
Winchester	a				
Southampton Airport Parkway →	a				
Southampton Central	a				
Bournemouth	a				

Times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling National Rail Enquiries on 03457 48 49 50

Scotland, The North East & Manchester to The South West and South Coast

Sundays

Notes: see Page 51

Features

Period of operation and Notes

P6

Aberdeen	d					
Dundee	d					
Glasgow Central 15	d					
Motherwell	d					
Haymarket	d					
Edinburgh 10	d					
Dunbar	d					
Berwick-upon-Tweed	d					
Alnmouth	d					
Morpeth	d					
Newcastle 8	d					
Durham	d					
Darlington	d					
York 8	d					
Leeds 10	d					0811
Wakefield Westgate	d					0823
Doncaster 7	d					-
Sheffield 7	d					0856
Chesterfield	d					0908
Derby 6	d					0931
Burton-on-Trent	d					-
Tamworth	d					-
Manchester Piccadilly	d				0827	-
Stockport	d				0835	-
Crewe 10	d				0905	-
Macclesfield	d				-	-
Stoke-on-Trent	d				-	-
Stafford	d				0927	-
Wolverhampton 7	d				0942	-
Birmingham New Street 12	a				0958	1020
Birmingham New Street	d		0904	0930	1004	1030
Cheltenham Spa	d		-	1010	-	1110
Gloucester 7	a		-	-	-	-
Bristol Parkway 7	d		-	1040	-	1142
Bristol Temple Meads 10	d	0844	-	1055	-	1156
Taunton	d	0915	-	1126	-	1228
Tiverton Parkway	d	0927	-	1138	-	1240
Exeter St. Davids 6	d	0942	-	1153	-	1258
Dawlish	a	-	-	-	-	-
Teignmouth	a	-	-	-	-	-
Newton Abbot	a	1001	-	1212	-	1317
Torquay	a	-	-	-	-	-
Paignton	a	-	-	-	-	-
Totnes	a	1013	-	1224	-	1330
Plymouth	a	1040	-	1251	-	1357
Penzance	a					
Birmingham International →	d		0914		1014	
Coventry	d		0925		1025	
Leamington Spa	d		0937		1037	
Banbury	d		0955		1055	
Oxford	d		1016		1116	
Reading 7	d	0952	1039a		1152	
Basingstoke	d	1011			1211	
Winchester	a	1026			1226	
Southampton Airport Parkway →	a	1034			1234	
Southampton Central	a	1042			1242	
Bournemouth	a	1126			1326	

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Scotland, The North East & Manchester to The South West and South Coast

Sundays

Notes: see Page 51

Features

Period of operation and Notes

Aberdeen	d						
Dundee	d						
Glasgow Central 15	d						
Motherwell	d						
Haymarket	d						
Edinburgh 10	d						
Dunbar	d						
Berwick-upon-Tweed	d						
Alnmouth	d						
Morpeth	d						
Newcastle 8	d						0935
Durham	d						0948
Darlington	d						1006
York 8	d			0935			1034
Leeds 10	d	0900		1000			1100
Wakefield Westgate	d	0912		1012			1112
Doncaster 7	d	0931		1031			1131
Sheffield 7	d	0958		1056			1156
Chesterfield	d	1011		1108			-
Derby 6	d	1031		1131			1231
Burton-on-Trent	d	-		1142			-
Tamworth	d	1053		-			1249
Manchester Piccadilly	d	0927	-	1027	-	1127	-
Stockport	d	0936	-	1036	-	1136	-
Crewe 10	d	-	-	-	-	-	-
Macclesfield	d	0949	-	1049	-	1149	-
Stoke-on-Trent	d	1008	-	1108	-	1208	-
Stafford	d	1026	-	1128	-	1228	-
Wolverhampton 7	d	1042	-	1142	-	1242	-
Birmingham New Street 12	a	1058	1119	1158	1206	1258	1306
Birmingham New Street	d	1104	1130	1204	1212	1304	1312
Cheltenham Spa	d	-	1210	-	1252	-	1352
Gloucester 7	a	-	-	-	-	-	-
Bristol Parkway 7	d	-	1243	-	1324	-	1425
Bristol Temple Meads 10	d	-	1253a	-	1345	-	1436a
Taunton	d	-	-	-	1418	-	-
Tiverton Parkway	d	-	-	-	1431	-	-
Exeter St. Davids 6	d	-	-	-	1447	-	-
Dawlish	a	-	-	-	-	-	-
Teignmouth	a	-	-	-	-	-	-
Newton Abbot	a	-	-	-	1506	-	-
Torquay	a	-	-	-	-	-	-
Paignton	a	-	-	-	-	-	-
Totnes	a	-	-	-	1518	-	-
Plymouth	a	-	-	-	1546	-	-
Penzance	a	-	-	-	-	-	-
Birmingham International →	d	1114		1214		1314	
Coventry	d	1125		1225		1325	
Leamington Spa	d	1137		1237		1337	
Banbury	d	1155		1255		1355	
Oxford	d	1216		1316		1416	
Reading 7	d	1239a		1352		1441a	
Basingstoke	d			1411			
Winchester	a			1426			
Southampton Airport Parkway →	a			1434			
Southampton Central	a			1442			
Bournemouth	a			1525			

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Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

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Aberdeen								
Dundee								
Glasgow Ctl ¹⁵								
Motherwell								
Haymarket								
Edinburgh ¹⁰		0908			1005		1105	
Dunbar		-			-		1126	
Berwick		0950			-		1149	
Alnmouth		-			1106		1210	
Morpeth		-			1121		-	
Newcastle ⁸		1039			1140		1240	
Durham		1052			1153		1252	
Darlington		1110			1211		1310	
York ⁸		1144			1244		1344	
Leeds ¹⁰		1211			1311		1411	
Wakefield		1223			1323		1423	
Doncaster		-			-		-	
Sheffield		1256			1356		1456	
Chesterfield		1308			-		1508	
Derby		1331			1431		1531	
Burton		1342			-		1541	
Tamworth		-			1449		-	
Manchester P	1227	-		1327	-	1427	-	1527
Stockport	1236	-		1336	-	1436	-	1536
Crewe	-	-		-	-	-	-	-
Macclesfield	1249	-		1349	-	1449	-	1549
Stoke	1308	-		1408	-	1508	-	1608
Stafford	1328	-		1428	-	1528	-	1628
Wolverhmpn	1342	-		1442	-	1542	-	1642
Bham New St ¹²	1358	1406		1458	1506	1558	1604	1658
Bham New St	1404	1412	1442	1504	1512	1604	1612	1704
Cheltenham	-	1452	1526	-	1552	-	1652	-
Gloucester	-	-	-	-	-	-	-	-
Bristol Pkwy	-	1524	1557	-	1625	-	1725	-
Bristol TM ¹⁰	-	1545	1614	-	1636a	-	1745	-
Taunton	-	1617	1650	-	-	-	1819	-
Tiverton Pkwy	-	1629	1702	-	-	-	1831	-
Exeter St D ⁶	-	1645	1719	-	-	-	1848	-
Dawlish	-	-	1730	-	-	-	-	-
Teignmouth	-	-	1735	-	-	-	-	-
Newton A	-	1704	1742	-	-	-	1906	-
Torquay	-	-	1753	-	-	-	-	-
Paignton	-	-	1800	-	-	-	-	-
Totnes	-	1717	-	-	-	-	1919	-
Plymouth	-	1744	-	-	-	-	1946	-
Penzance	-	-	-	-	-	-	-	-
Bham Intl	1414			1514		1614		1714
Coventry	1425			1525		1625		1725
Leamington	1437			1537		1637		1737
Banbury	1455			1555		1655		1755
Oxford	1516			1616		1716		1816
Reading ⁷	1552			1639a		1752		1839a
Basingstoke	1611					1811		
Winchester	1626					1826		
Southptn Apt	1634					1834		
Southptn Ctl	1642					1842		
Bournemouth	1725					1926		

Scotland, The North East & Manchester to The South West and South Coast

Sundays

Notes: see Page 51

Features

Period of operation and Notes

G

Aberdeen	d					1110	
Dundee	d					1222	
Glasgow Central 15	d					-	
Motherwell	d					-	
Haymarket	d					1339	
Edinburgh 10	d	1205		1309		1408	
Dunbar	d	-		1330		-	
Berwick-upon-Tweed	d	1245		-		1448	
Alnmouth	d	-		1411		-	
Morpeth	d	-		-		1520	
Newcastle 8	d	1339		1441		1540	
Durham	d	1353		1454		1553	
Darlington	d	1411		1512		1611	
York 8	d	1443		1544		1644	
Leeds 10	d	1511		1611		1711	
Wakefield Westgate	d	1523		1623		1723	
Doncaster 7	d	-		-		-	
Sheffield 7	d	1556		1656		1756	
Chesterfield	d	1608		1708		1808	
Derby 6	d	1631		1731		1831	
Burton-on-Trent	d	-		1741		-	
Tamworth	d	1649		-		1849	
Manchester Piccadilly	d	-	1627	-	1727	-	1827
Stockport	d	-	1636	-	1736	-	1836
Crewe 10	d	-	-	-	-	-	-
Macclesfield	d	-	1649	-	1749	-	1849
Stoke-on-Trent	d	-	1708	-	1808	-	1908
Stafford	d	-	1728	-	1828	-	1928
Wolverhampton 7	d	-	1742	-	1842	-	1942
Birmingham New Street 12	a	1706	1758	1804	1858	1906	1958
Birmingham New Street	d	1712	1804	1812	1904	1912	2004
Cheltenham Spa	d	1752	-	1852	-	1952	-
Gloucester 7	a	-	-	-	-	-	-
Bristol Parkway 7	d	1825	-	1925	-	2025	-
Bristol Temple Meads 10	d	1836a	-	1945	-	2035a	-
Taunton	d	-	-	2017	-	-	-
Tiverton Parkway	d	-	-	2030	-	-	-
Exeter St. Davids 6	d	-	-	2046	-	-	-
Dawlish	a	-	-	-	-	-	-
Teignmouth	a	-	-	-	-	-	-
Newton Abbot	a	-	-	2108	-	-	-
Torquay	a	-	-	-	-	-	-
Paignton	a	-	-	-	-	-	-
Totnes	a	-	-	2120	-	-	-
Plymouth	a	-	-	2148	-	-	-
Penzance	a	-	-	-	-	-	-
Birmingham International →	d		1814		1914		2014
Coventry	d		1825		1926		2025
Leamington Spa	d		1837		1938		2038
Banbury	d		1855		1955		2055
Oxford	d		1916		2016		2116
Reading 7	d		1952		2052		2152
Basingstoke	d		2009		2111		2210
Winchester	a		-		-		-
Southampton Airport Parkway →	a		2032		2134		2234
Southampton Central	a		2043		2142		2242
Bournemouth	a		2126		2226		-

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For help: see 'Using Your Timetable' on page 8



Aberdeen							
Dundee							
Glasgow Ctl 15							1900
Motherwell							1915
Haymarket							1959
Edinburgh 10	1508		1608	1708		1806	2018
Dunbar	1529		-	-		1827	2039
Berwick	-		-	1748		1850	2102
Alnmouth	-		1706	-		-	-
Morpeth	1622		1721	-		1922	-
Newcastle 8	1640		1739	1839		1941	2148a
Durham	1653		1753	1851		1953	
Darlington	1711		1811	1908		2011	
York 8	1744		1844	1944		2044	
Leeds 10	1811		1911	2011		2111	
Wakefield	1823		1923	2023		2123	
Doncaster 7	-		-	-		-	
Sheffield 7	1856		1956	2056		2156	
Chesterfield	-		-	-		2208	
Derby 6	1931		2031	2130		2231	
Burton	1941		-	2140		2241	
Tamworth	-		2049	2150		2251	
Manchester P	-	1927	-	-	2105	-	2205
Stockport	-	1936	-	-	2113	-	2213
Crewe 10	-	-	-	-	-	-	-
Macclesfield	-	1949	-	-	2126	-	2226
Stoke	-	2008	-	-	2149	-	2249
Stafford	-	2028	-	-	2205	-	2305
Wolverhmpn 7	-	2042	-	-	2220	-	2320
Bham New St 12	2004	2059	2105	2207	2236	2309	2336
Bham New St	2012	2104	2112	2212			
Cheltenham	2052	-	2152	2252			
Gloucester 7	-	-	2200	-			
Bristol Pkwy 7	2125	-	2231	2321			
Bristol TM 10	2145	-	2240a	2330a			
Taunton	2217	-					
Tiverton Pkwy	2230	-					
Exeter St D 6	2246	-					
Dawlish	-	-					
Teignmouth	-	-					
Newton A	2304	-					
Torquay	-	-					
Paignton	-	-					
Totnes	2317	-					
Plymouth	2344	-					
Penzance	-						
Bham Intl→		2114					
Coventry		2125					
Leamington		2137					
Banbury		2155					
Oxford		2216					
Reading 7		2239a					
Basingstoke							
Winchester							
Southptn Apt→							
Southptn Ctl							
Bournemouth							

Scotland, The North East & Manchester to The South West and South Coast

Sundays

Notes: see Page 51

Features		Ⓢ	Ⓢ			
Period of operation and Notes			H			
Aberdeen	d		2130			
Dundee	d		2241			
Glasgow Central 15	d	2058	-			
Motherwell	d	2118	-			
Haymarket	d	2204	2357			
Edinburgh 10	d	2208a	0001a			
Dunbar	d					
Berwick-upon-Tweed	d					
Alnmouth	d					
Morpeth	d					
Newcastle 8	d					
Durham	d					
Darlington	d					
York 8	d					
Leeds 10	d					
Wakefield Westgate	d					
Doncaster 7	d					
Sheffield 7	d					
Chesterfield	d					
Derby 6	d					
Burton-on-Trent	d					
Tamworth	d					
Manchester Piccadilly	d					
Stockport	d					
Crewe 10	d					
Macclesfield	d					
Stoke-on-Trent	d					
Stafford	d					
Wolverhampton 7	d					
Birmingham New Street 12	a					
Birmingham New Street	d					
Cheltenham Spa	d					
Gloucester 7	a					
Bristol Parkway 7	d					
Bristol Temple Meads 10	d					
Taunton	d					
Tiverton Parkway	d					
Exeter St. Davids 6	d					
Dawlish	a					
Teignmouth	a					
Newton Abbot	a					
Torquay	a					
Paignton	a					
Totnes	a					
Plymouth	a					
Penzance	a					
Birmingham International →	d					
Coventry	d					
Leamington Spa	d					
Banbury	d					
Oxford	d					
Reading 7	d					
Basingstoke	d					
Winchester	a					
Southampton Airport Parkway →	a					
Southampton Central	a					
Bournemouth	a					

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South Coast & The South West to Manchester, The North East & Scotland

Mondays to Fridays

Notes: see Page 51

Features



Period of operation and Notes

Bournemouth	d				
Southampton Central	d				
Southampton Airport Parkway→	d				
Winchester	d				
Basingstoke	d				
Reading 7	d				
Oxford	d				
Banbury	d				
Leamington Spa	d				
Coventry	d				
Birmingham International→	d				
Penzance	d				
Plymouth	d				
Totnes	d				
Paignton	d				
Torquay	d				
Newton Abbot	d				
Teignmouth	d				
Dawlish	d				
Exeter St. Davids 6	d				
Tiverton Parkway	d				
Taunton	d				
Bristol Temple Meads 10	d				
Bristol Parkway 7	d				
Gloucester 7	d				
Cheltenham Spa	d				
Birmingham New Street 12	a				
Birmingham New Street	d		0557	0603	0630
Wolverhampton 7	d		0614	-	-
Stafford	d		0628	-	-
Stoke-on-Trent	a		0643	-	-
Macclesfield	a		0704	-	-
Crewe 10	a		-	-	-
Stockport	a		0719	-	-
Manchester Piccadilly	a		0730	-	-
Tamworth	d			-	-
Burton-on-Trent	d			-	-
Derby 6	d			0645	0717
Chesterfield	d			0703	-
Sheffield 7	d			0721	0749
Doncaster 7	d			-	0819
Wakefield Westgate	d			0747	-
Leeds 10	d		0543	0808	-
York 8	d		0627	0832	0844
Darlington	d		0655	0900	0915
Durham	d		0713	0917	0932
Newcastle 8	d		0735	0933	0945a
Morpeth	a		0747	-	
Alnmouth	a		-	0957	
Berwick-upon-Tweed	a		0820	1019	
Dunbar	a		-	-	
Edinburgh 10	a	0626d	0903	1106	
Haymarket	a	-			
Motherwell	a	0705			
Glasgow Central 15	a	0725			
Dundee	a	0642d			
Aberdeen	a	0756			

South Coast & The South West to Manchester, The North East & Scotland

Mondays to Fridays

Notes: see Page 51

Features

Period of operation and Notes

Bournemouth	d						
Southampton Central	d				0515		
Southampton Airport Parkway→	d				0523		
Winchester	d				-		
Basingstoke	d				0548		
Reading 7	d				0615		0714
Oxford	d				0639		0739
Banbury	d				0657		0757
Leamington Spa	d				0715		0815
Coventry	d				0727		0827
Birmingham International→	d				0739		0838
Penzance	d				-		-
Plymouth	d				-		-
Totnes	d				-		-
Paignton	d				-		-
Torquay	d				-		-
Newton Abbot	d				-		-
Teignmouth	d				-		-
Dawlish	d				-		-
Exeter St. Davids 6	d				-		-
Tiverton Parkway	d				-		-
Taunton	d				-		-
Bristol Temple Meads 10	d				-	0634	-
Bristol Parkway 7	d				-	0643	-
Gloucester 7	d				-	-	-
Cheltenham Spa	d				-	0713	-
Birmingham New Street 12	a				0749	0756	0849
Birmingham New Street	d	0653	0703	0731	0757	0803	0857
Wolverhampton 7	d	0710	-	0750	0814	-	0914
Stafford	d	0724	-	0804	0828	-	0928
Stoke-on-Trent	a	-	-	0819	0843	-	0943
Macclesfield	a	-	-	0835	0900	-	1000
Crewe 10	a	0743	-	-	-	-	-
Stockport	a	0809	-	0849	0913	-	1013
Manchester Piccadilly	a	0823	-	0902	0923	-	1023
Tamworth	d		0719			0819	
Burton-on-Trent	d		0730			0830	
Derby 6	d		0750			0845	
Chesterfield	d		0808			0905	
Sheffield 7	d		0822			0921	
Doncaster 7	d		-			-	
Wakefield Westgate	d		0848			0947	
Leeds 10	d		0908			1008	
York 8	d		0932			1032	
Darlington	d		1000			1100	
Durham	d		1017			1117	
Newcastle 8	d		1035			1132	
Morpeth	a		-			1144	
Alnmouth	a		-			-	
Berwick-upon-Tweed	a		-			1217	
Dunbar	a		1138			-	
Edinburgh 10	a		1204			1300	
Haymarket	a						
Motherwell	a						
Glasgow Central 15	a						
Dundee	a						
Aberdeen	a						

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

P3

Bournemouth		0630		0730				0945
Southptn Ctl		0715		0815				1015
Southptn Apt→		0723		0823				1023
Winchester		0731		0831				1031
Basingstoke		0748		0848				1048
Reading 7		0815		0913		1015		1115
Oxford		0839		0939		1039		1139
Banbury		0857		0957		1057		1157
Leamington		0915		1015		1115		1215
Coventry		0927		1027		1127		1227
Bham Intl→		0938		1038		1138		1238
Penzance		-		-		-		-
Plymouth	0525	-	0627	-	0725	-		-
Totnes	0551	-	0653	-	0751	-		-
Paignton	-	-	-	-	-	-		-
Torquay	-	-	-	-	-	-		-
Newton A	0603	-	0706	-	0804	-		-
Teignmouth	-	-	-	-	-	-		-
Dawlish	-	-	-	-	-	-		-
Exeter St D 6	0625	-	0727	-	0827	-		-
Tiverton Pkwy	0638	-	0741	-	0841	-		-
Taunton	0651	-	0753	-	0853	-		-
Bristol TM 10	0735	-	0835	-	0932	-	1035	-
Bristol Pkwy 7	0744	-	0844	-	0944	-	1044	-
Gloucester 7	-	-	-	-	-	-		-
Cheltenham	0815	-	0915	-	1015	-	1115	-
Bham New St 12	0856	0949	0958	1048	1056	1149	1158	1248
Bham New St	0903	0957	1003	1057	1103	1157	1203	1257
Wolverhmpn 7	-	1014	-	1114	-	1214	-	1314
Stafford	-	1028	-	1128	-	1228	-	1328
Stoke	-	1043	-	1143	-	1243	-	1343
Macclesfield	-	1100	-	1200	-	1300	-	1400
Crewe 10	-	-	-	-	-	-		-
Stockport	-	1113	-	1213	-	1313	-	1414
Manchester P	-	1123	-	1223	-	1323	-	1423
Tamworth	-		1019		-		1219	
Burton	0926		-		1126		-	
Derby 6	0945		1045		1145		1245	
Chesterfield	-		1105		-		1305	
Sheffield 7	1021		1121		1221		1321	
Doncaster 7	-		-		-		-	
Wakefield	1047		1147		1247		1347	
Leeds 10	1108		1208		1308		1408	
York 8	1132		1232		1332		1432	
Darlington	1200		1300		1403		1500	
Durham	1217		1317		1420		1517	
Newcastle 8	1236		1332		1432a		1537	
Morpeth	-		-		-		-	
Alnmouth	-		1358		-		1601	
Berwick	-		1419		-		1623	
Dunbar	1341		-		-		-	
Edinburgh 10	1406		1501		-		1705	
Haymarket							1716	
Motherwell							1756	
Glasgow Ctl 15							1812	
Dundee								
Aberdeen								

South Coast & The South West to Manchester, The North East & Scotland

Mondays to Fridays

Notes: see Page 51

Features

Period of operation and Notes

Bournemouth	d						
Southampton Central	d						
Southampton Airport Parkway→	d						
Winchester	d						
Basingstoke	d						
Reading 7	d				1213		
Oxford	d				1239		
Banbury	d		1228		1257		
Leamington Spa	d		1249		1315		
Coventry	d		-		1327		
Birmingham International→	d		-		1338		
Penzance	d		-		-		
Plymouth	d	0927	-		-		
Totnes	d	0953	-		-		
Paignton	d	-	-	1014	-		
Torquay	d	-	-	1020	-		
Newton Abbot	d	1005	-	1029	-		
Teignmouth	d	-	-	1036	-		
Dawlish	d	-	-	1041	-		
Exeter St. Davids 6	d	1027	-	1055	-		
Tiverton Parkway	d	1041	-	1109	-		
Taunton	d	1053	-	1122	-		
Bristol Temple Meads 10	d	1134	-	1200	-	1235	1300
Bristol Parkway 7	d	1144	-	1209	-	1244	1309
Gloucester 7	d	-	-	-	-	-	-
Cheltenham Spa	d	1215	-	1240	-	1315	1340
Birmingham New Street 12	a	1256	1318	1325	1349	1356	1425
Birmingham New Street	d	1303	1330		1357	1403	1430
Wolverhampton 7	d	-	-		1414	-	-
Stafford	d	-	-		1428	-	-
Stoke-on-Trent	a	-	-		1443	-	-
Macclesfield	a	-	-		1500	-	-
Crewe 10	a	-	-		-	-	-
Stockport	a	-	-		1513	-	-
Manchester Piccadilly	a	-	-		1523	-	-
Tamworth	d	-	-			1419	-
Burton-on-Trent	d	1326	-			-	-
Derby 6	d	1345	1416			1445	1521
Chesterfield	d	-	-			1505	-
Sheffield 7	d	1421	1452			1521	1551
Doncaster 7	d	-	1519			-	1617
Wakefield Westgate	d	1447	-			1547	-
Leeds 10	d	1508	-			1608	-
York 8	d	1532	1546			1632	1645
Darlington	d	1600	1614			1700	1713
Durham	d	1617	1631			1717	1730
Newcastle 8	d	1635	1644a			1736	1744a
Morpeth	a	1647				-	
Alnmouth	a	1702				1800	
Berwick-upon-Tweed	a	-				1822	
Dunbar	a	-				-	
Edinburgh 10	a	1807				1904	
Haymarket	a	1816				1916	
Motherwell	a	-				1954	
Glasgow Central 15	a	-				2016	
Dundee	a	1933					
Aberdeen	a	2046					

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

Bournemouth	1145							1345
Southptn Ctl	1215							1415
Southptn Apt→	1223							1423
Winchester	1231							1431
Basingstoke	1248							1448
Reading 7	1315				1415			1515
Oxford	1339				1439			1539
Banbury	1357		1430		1457			1557
Leamington	1415		1449		1515			1615
Coventry	1427		-		1527			1627
Bham Intl→	1438		-		1538			1638
Penzance	-	0925	-		-			-
Plymouth	-	1127	-	1153	-	1227		-
Totnes	-	1153	-	1219	-	1253		-
Paignton	-	-	-	-	-	-		-
Torquay	-	-	-	-	-	-		-
Newton A	-	1206	-	1231	-	1306		-
Teignmouth	-	-	-	-	-	-		-
Dawlish	-	-	-	-	-	-		-
Exeter St D 6	-	1227	-	1252	-	1327		-
Tiverton Pkwy	-	1241	-	1306	-	1341		-
Taunton	-	1253	-	1320	-	1353		-
Bristol TM 10	-	1335	-	1400	-	1435	1500	-
Bristol Pkwy 7	-	1344	-	1409	-	1444	1510	-
Gloucester 7	-	-	-	-	-	-	-	-
Cheltenham	-	1415	-	1439	-	1515	1540	-
Bham New St 12	1449	1456	1518	1526	1549	1556	1626	1648
Bham New St	1457	1503		1531	1557	1603		1657
Wolverhmpn 7	1514	-		1548	1614	-		1714
Stafford	1528	-		1616	1628	-		1728
Stoke	1543	-		1631	1643	-		1743
Macclesfield	1600	-		1648	1700	-		1800
Crewe 10	-	-		-	-	-		-
Stockport	1613	-		1702	1713	-		1813
Manchester P	1623	-		1711	1723	-		1823
Tamworth		-				1620		
Burton		1526				-		
Derby 6		1545				1645		
Chesterfield		1605				1705		
Sheffield 7		1621				1721		
Doncaster 7		-				-		
Wakefield		1647				1747		
Leeds 10		1707				1808		
York 8		1731				1832		
Darlington		1800				1901		
Durham		1818				1919		
Newcastle 8		1837				1935		
Morpeth		1851				-		
Alnmouth		-				2000		
Berwick		1925				2023		
Dunbar		1948				-		
Edinburgh 10		2011				2108		
Haymarket								
Motherwell								
Glasgow Ctl 15								
Dundee								
Aberdeen								

South Coast & The South West to Manchester, The North East & Scotland

Mondays to Fridays

Notes: see Page 51

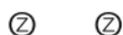
Features

Period of operation and Notes

Bournemouth	d					1545	
Southampton Central	d					1615	
Southampton Airport Parkway→	d					1623	
Winchester	d					1631	
Basingstoke	d					1648	
Reading 7	d			1616		1715	
Oxford	d			1639		1739	
Banbury	d			1658		1757	
Leamington Spa	d			1715		1815	
Coventry	d			1728		1827	
Birmingham International→	d			1738		1838	
Penzance	d			-		-	
Plymouth	d	1327		-	1427	-	1527
Totnes	d	1353		-	1453	-	1553
Paignton	d	-		-	-	-	-
Torquay	d	-		-	-	-	-
Newton Abbot	d	1406		-	1506	-	1606
Teignmouth	d	-		-	-	-	-
Dawlish	d	-		-	-	-	-
Exeter St. Davids 6	d	1427		-	1527	-	1627
Tiverton Parkway	d	1441		-	1541	-	1641
Taunton	d	1453		-	1553	-	1653
Bristol Temple Meads 10	d	1535	1600	-	1635	-	1735
Bristol Parkway 7	d	1544	1609	-	1644	-	1744
Gloucester 7	d	-	-	-	-	-	-
Cheltenham Spa	d	1615	1640	-	1715	-	1815
Birmingham New Street 12	a	1656	1723	1748	1756	1848	1856
Birmingham New Street	d	1703	1731	1757	1803	1857	1903
Wolverhampton 7	d	-	1748	1814	-	1914	-
Stafford	d	-	1804	1828	-	1928	-
Stoke-on-Trent	a	-	1819	1843	-	1943	-
Macclesfield	a	-	1835	1900	-	2000	-
Crewe 10	a	-	-	-	-	-	-
Stockport	a	-	1849	1913	-	2013	-
Manchester Piccadilly	a	-	1902	1923	-	2023	-
Tamworth	d	-			1819		-
Burton-on-Trent	d	1727			-		1926
Derby 6	d	1745			1845		1945
Chesterfield	d	1805			-		-
Sheffield 7	d	1821			1921		2021
Doncaster 7	d	-			-		-
Wakefield Westgate	d	1850			1947		2047
Leeds 10	d	1908			2008		2102a
York 8	d	1934			2032		
Darlington	d	2005			2059		
Durham	d	2023			2116		
Newcastle 8	d	2038			2135		
Morpeth	a	2052			-		
Alnmouth	a	-			2200		
Berwick-upon-Tweed	a	2125			-		
Dunbar	a	2149			-		
Edinburgh 10	a	2213			2303		
Haymarket	a						
Motherwell	a						
Glasgow Central 15	a						
Dundee	a						
Aberdeen	a						

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8



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Bournemouth	1645				1845		1945	
Southptn Ctl	1715				1915		2015	
Southptn Apt→	1723				1923		2023	
Winchester	1731				-		-	
Basingstoke	1748				1948		2049	
Reading 7	1815		1915		2015		2113	
Oxford	1840		1939		2039		2137	
Banbury	1858		1957		2057		2157	
Leamington	1916		2015		2115		2215	
Coventry	1928		2027		2127		2227	
Bham Intl→	1938		2038		2138		2238	
Penzance	-		-		-		-	
Plymouth	-	1627	-		-	1827	-	
Totnes	-	1653	-		-	1853	-	
Paignton	-	-	-		-	-	-	
Torquay	-	-	-		-	-	-	
Newton A	-	1706	-		-	1906	-	
Teignmouth	-	-	-		-	-	-	
Dawlish	-	-	-		-	-	-	
Exeter St D 6	-	1727	-		-	1927	-	
Tiverton Pkwy	-	1741	-		-	1941	-	
Taunton	-	1753	-		-	1953	-	
Bristol TM 10	-	1835	-	1935	-	2035	-	
Bristol Pkwy 7	-	1844	-	1944	-	2044	-	
Gloucester 7	-	-	-	-	-	-	-	2203
Cheltenham	-	1915	-	2015	-	2115	-	2213
Bham New St 12	1949	1956	2049	2056	2150	2201	2248	2305
Bham New St	1957	2003	2057	2103	2157			
Wolverhmpn 7	2014	-	2114	-	2214			
Stafford	2028	-	2129	-	2228			
Stoke	2043	-	2144	-	2243			
Macclesfield	2100	-	2200	-	2300			
Crewe 10	-	-	-	-	-			
Stockport	2113	-	2214	-	2313			
Manchester P	2123	-	2223	-	2323			
Tamworth		2019		2129				
Burton		-		2140				
Derby 6		2048		2152				
Chesterfield		2106		-				
Sheffield 7		2123		2228				
Doncaster 7		-		2301				
Wakefield		2147		2319				
Leeds 10		2203a		2334a				
York 8								
Darlington								
Durham								
Newcastle 8								
Morpeth								
Alnmouth								
Berwick								
Dunbar								
Edinburgh 10								
Haymarket								
Motherwell								
Glasgow Ctl 15								
Dundee								
Aberdeen								

South Coast & The South West to Manchester, The North East & Scotland

Mondays to Fridays

Notes: see Page 51

Features

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Period of operation and Notes

J

Bournemouth	d								
Southampton Central	d								
Southampton Airport Parkway→	d								
Winchester	d								
Basingstoke	d								
Reading 7	d								
Oxford	d								
Banbury	d								
Leamington Spa	d								
Coventry	d								
Birmingham International→	d								
Penzance	d					2208			
Plymouth	d					0002a			
Totnes	d								
Paignton	d				2019				
Torquay	d				2025				
Newton Abbot	d				2035				
Teignmouth	d				-				
Dawlish	d				-				
Exeter St. Davids 6	d				2056				
Tiverton Parkway	d				2109				
Taunton	d				2122				
Bristol Temple Meads 10	d				2200				
Bristol Parkway 7	d				2209				
Gloucester 7	d				-				
Cheltenham Spa	d				2242				
Birmingham New Street 12	a				2341				
Birmingham New Street	d								
Wolverhampton 7	d								
Stafford	d								
Stoke-on-Trent	a								
Macclesfield	a								
Crewe 10	a								
Stockport	a								
Manchester Piccadilly	a								
Tamworth	d								
Burton-on-Trent	d								
Derby 6	d								
Chesterfield	d								
Sheffield 7	d								
Doncaster 7	d								
Wakefield Westgate	d								
Leeds 10	d								
York 8	d								
Darlington	d								
Durham	d								
Newcastle 8	d								
Morpeth	a								
Alnmouth	a								
Berwick-upon-Tweed	a								
Dunbar	a								
Edinburgh 10	a								
Haymarket	a								
Motherwell	a								
Glasgow Central 15	a								
Dundee	a								
Aberdeen	a								

South Coast & The South West to Manchester, The North East & Scotland

Saturdays

Notes: see Page 51

Features



Period of operation and Notes

Bournemouth	d					
Southampton Central	d					
Southampton Airport Parkway→	d					
Winchester	d					
Basingstoke	d					
Reading 7	d					
Oxford	d					
Banbury	d					
Leamington Spa	d					
Coventry	d					
Birmingham International→	d					
Penzance	d					
Plymouth	d					
Totnes	d					
Paignton	d					
Torquay	d					
Newton Abbot	d					
Teignmouth	d					
Dawlish	d					
Exeter St. Davids 6	d					
Tiverton Parkway	d					
Taunton	d					
Bristol Temple Meads 10	d					
Bristol Parkway 7	d					
Gloucester 7	d					
Cheltenham Spa	d					
Birmingham New Street 12	a					
Birmingham New Street	d			0557	0603	0630
Wolverhampton 7	d			0616	-	-
Stafford	d			0631	-	-
Stoke-on-Trent	a			0646	-	-
Macclesfield	a			0704	-	-
Crewe 10	a			-	-	-
Stockport	a			0719	-	-
Manchester Piccadilly	a			0730	-	-
Tamworth	d				0619	0646
Burton-on-Trent	d				0630	0657
Derby 6	d				0645	0717
Chesterfield	d				0703	-
Sheffield 7	d				0721	0750
Doncaster 7	d				-	0819
Wakefield Westgate	d				0747	-
Leeds 10	d				0808	-
York 8	d				0832	0844
Darlington	d				0900	0916
Durham	d				0917	0933
Newcastle 8	d			0738	0933	0946a
Morpeth	a			0751	-	
Alnmouth	a			-	0957	
Berwick-upon-Tweed	a			0823	1019	
Dunbar	a			-	-	
Edinburgh 10	a		0624d	0908	1103	
Haymarket	a		0628			
Motherwell	a		0705			
Glasgow Central 15	a		0724			
Dundee	a		0642d			
Aberdeen	a		0756			

Times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling National Rail Enquiries on 03457 48 49 50

South Coast & The South West to Manchester, The North East & Scotland

Saturdays

Notes: see Page 51

Features

Period of operation and Notes

Bournemouth	d						
Southampton Central	d						0615
Southampton Airport Parkway→	d						0623
Winchester	d						0631
Basingstoke	d						0648
Reading 7	d			0615			0715
Oxford	d			0639			0739
Banbury	d			0657			0757
Leamington Spa	d			0715			0815
Coventry	d			0727			0827
Birmingham International→	d			0738			0838
Penzance	d			-			-
Plymouth	d			-			-
Totnes	d			-			-
Paignton	d			-			-
Torquay	d			-			-
Newton Abbot	d			-			-
Teignmouth	d			-			-
Dawlish	d			-			-
Exeter St. Davids 6	d			-			-
Tiverton Parkway	d			-			-
Taunton	d			-			-
Bristol Temple Meads 10	d			-	0615		-
Bristol Parkway 7	d			-	0624		-
Gloucester 7	d			-	0659		-
Cheltenham Spa	d			-	0710		-
Birmingham New Street 12	a			0748	0756	0849	
Birmingham New Street	d	0657	0703	0731	0757	0803	0857
Wolverhampton 7	d	0714	-	0751	0814	-	0914
Stafford	d	0728	-	0806	0828	-	0928
Stoke-on-Trent	a	-	-	0821	0843	-	0943
Macclesfield	a	-	-	0839	0900	-	1000
Crewe 10	a	-	-	-	-	-	-
Stockport	a	0814	-	0853	0913	-	1013
Manchester Piccadilly	a	0823	-	0905	0923	-	1023
Tamworth	d		0719			0819	
Burton-on-Trent	d		0730			0830	
Derby 6	d		0750			0845	
Chesterfield	d		0808			0905	
Sheffield 7	d		0822			0921	
Doncaster 7	d		-			-	
Wakefield Westgate	d		0848			0947	
Leeds 10	d		0908			1008	
York 8	d		0932			1032	
Darlington	d		1000			1100	
Durham	d		1017			1117	
Newcastle 8	d		1035			1133	
Morpeth	a		-			1145	
Alnmouth	a		-			-	
Berwick-upon-Tweed	a		-			1218	
Dunbar	a		1138			-	
Edinburgh 10	a		1201			1305	
Haymarket	a						
Motherwell	a						
Glasgow Central 15	a						
Dundee	a						
Aberdeen	a						

Times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling National Rail Enquiries on 03457 48 49 50

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

P3

Bournemouth				0745				0945
Southptn Ctl				0815				1015
Southptn Apt→				0823				1023
Winchester				0831				1031
Basingstoke				0848				1048
Reading 7	0815			0915		1015		1115
Oxford	0839			0939		1039		1139
Banbury	0857			0957		1057		1157
Leamington	0915			1015		1115		1215
Coventry	0927			1027		1127		1227
Bham Intl→	0938			1038		1138		1238
Penzance	-			-		-		-
Plymouth	0527	-	0624	-	0725	-		-
Totnes	0553	-	0650	-	0751	-		-
Paignton	-	-	-	-	-	-		-
Torquay	-	-	-	-	-	-		-
Newton A	0606	-	0703	-	0803	-		-
Teignmouth	-	-	-	-	-	-		-
Dawlish	-	-	-	-	-	-		-
Exeter St D 6	0627	-	0727	-	0827	-		-
Tiverton Pkwy	0641	-	0741	-	0841	-		-
Taunton	0653	-	0753	-	0853	-		-
Bristol TM 10	0735	-	0835	-	0935	-	1035	-
Bristol Pkwy 7	0744	-	0844	-	0944	-	1044	-
Gloucester 7	-	-	-	-	-	-		-
Cheltenham	0815	-	0915	-	1015	-	1115	-
Bham New St 12	0856	0948	0956	1048	1056	1148	1156	1248
Bham New St	0903	0957	1003	1057	1103	1157	1203	1257
Wolverhmpn 7	-	1014	-	1114	-	1214	-	1314
Stafford	-	1028	-	1128	-	1228	-	1328
Stoke	-	1043	-	1143	-	1243	-	1343
Macclesfield	-	1100	-	1200	-	1300	-	1400
Crewe 10	-	-	-	-	-	-		-
Stockport	-	1113	-	1213	-	1313	-	1413
Manchester P	-	1123	-	1223	-	1323	-	1423
Tamworth	-		1019		-		1219	
Burton	0926		-		1126		-	
Derby 6	0945		1045		1145		1245	
Chesterfield	-		1105		1205		-	
Sheffield 7	1021		1121		1221		1321	
Doncaster 7	-		-		-		-	
Wakefield	1047		1147		1247		1347	
Leeds 10	1108		1208		1308		1408	
York 8	1132		1232		1332		1432	
Darlington	1201		1300		1403		1500	
Durham	1217		1317		1420		1517	
Newcastle 8	1234		1334		1435		1535	
Morpeth	-		-		1447		-	
Alnmouth	-		1358		-		1559	
Berwick	-		1420		-		1621	
Dunbar	1338		-		1540		-	
Edinburgh 10	1402		1502		1606		1703	
Haymarket							1716	
Motherwell							1757	
Glasgow Ctl 15							1814	
Dundee								
Aberdeen								

South Coast & The South West to Manchester, The North East & Scotland

Saturdays

Notes: see Page 51

Features

Period of operation and Notes

Bournemouth	d						1145
Southampton Central	d						1215
Southampton Airport Parkway→	d						1223
Winchester	d						1231
Basingstoke	d						1248
Reading 7	d			1215			1315
Oxford	d			1239			1339
Banbury	d			1257			1357
Leamington Spa	d			1315			1415
Coventry	d			1327			1427
Birmingham International→	d			1338			1438
Penzance	d			-			-
Plymouth	d	0927		-			-
Totnes	d	0953		-			-
Paignton	d	-	1010	-			-
Torquay	d	-	1016	-			-
Newton Abbot	d	1006	1026	-			-
Teignmouth	d	-	1033	-			-
Dawlish	d	-	1038	-			-
Exeter St. Davids 6	d	1027	1055	-			-
Tiverton Parkway	d	1041	1109	-			-
Taunton	d	1053	1122	-			-
Bristol Temple Meads 10	d	1135	1200	-	1235		-
Bristol Parkway 7	d	1144	1209	-	1244		-
Gloucester 7	d	-	-	-	-		-
Cheltenham Spa	d	1215	1240	-	1315		-
Birmingham New Street 12	a	1256	1325	1348	1356		1448
Birmingham New Street	d	1303		1357	1403	1428	1457
Wolverhampton 7	d	-		1414	-	-	1514
Stafford	d	-		1428	-	-	1528
Stoke-on-Trent	a	-		1443	-	-	1543
Macclesfield	a	-		1500	-	-	1600
Crewe 10	a	-		-	-	-	-
Stockport	a	-		1513	-	-	1613
Manchester Piccadilly	a	-		1523	-	-	1623
Tamworth	d	-			1419	-	
Burton-on-Trent	d	1326			-	-	
Derby 6	d	1345			1445	1500	
Chesterfield	d	1405			-	-	
Sheffield 7	d	1421			1521	1529	
Doncaster 7	d	-			-	1558	
Wakefield Westgate	d	1447			1547	-	
Leeds 10	d	1508			1608	-	
York 8	d	1532			1632	1620	
Darlington	d	1600			1700	1647	
Durham	d	1617			1717	1704	
Newcastle 8	d	1633			1734	1717a	
Morpeth	a	1645			-		
Alnmouth	a	1700			1759		
Berwick-upon-Tweed	a	-			1821		
Dunbar	a	-			-		
Edinburgh 10	a	1803			1903		
Haymarket	a	1816			1916		
Motherwell	a	-			1954		
Glasgow Central 15	a	-			2017		
Dundee	a	1934					
Aberdeen	a	2045					

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Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8

Bournemouth					1345			
Southptn Ctl					1415			
Southptn Apt→					1423			
Winchester					1431			
Basingstoke					1448			
Reading 7			1415		1515			1615
Oxford			1439		1539			1639
Banbury			1457		1557			1657
Leamington			1515		1615			1715
Coventry			1527		1627			1727
Bham Intl→			1538		1638			1738
Penzance			-		-			-
Plymouth	1127		-	1227	-			-
Totnes	1153		-	1253	-			-
Paignton	-		-	-	-			-
Torquay	-		-	-	-			-
Newton A	1206		-	1306	-			-
Teignmouth	-		-	-	-			-
Dawlish	-		-	-	-			-
Exeter St D 6	1227		-	1327	-			-
Tiverton Pkwy	1241		-	1341	-			-
Taunton	1253		-	1353	-			-
Bristol TM 10	1335	1400	-	1435	-	1535	1600	-
Bristol Pkwy 7	1344	1409	-	1444	-	1544	1609	-
Gloucester 7	-	-	-	-	-	-	-	-
Cheltenham	1415	1440	-	1515	-	1615	1640	-
Bham New St 12	1456	1525	1548	1556	1649	1656	1725	1748
Bham New St	1503	1531	1557	1603	1657	1703	1731	1757
Wolverhmpn 7	-	1548	1614	-	1714	-	1748	1814
Stafford	-	1602	1628	-	1728	-	1804	1828
Stoke	-	1617	1643	-	1743	-	1819	1843
Macclesfield	-	1635	1700	-	1800	-	1835	1900
Crewe 10	-	-	-	-	-	-	-	-
Stockport	-	1649	1713	-	1813	-	1849	1913
Manchester P	-	1702	1723	-	1823	-	1902	1923
Tamworth	-			1620		-		
Burton	1526			-		1726		
Derby 6	1545			1645		1745		
Chesterfield	1605			1705		1805		
Sheffield 7	1621			1721		1821		
Doncaster 7	-			-		-		
Wakefield	1647			1747		1847		
Leeds 10	1708			1808		1908		
York 8	1732			1832		1934		
Darlington	1800			1901		2005		
Durham	1817			1919		2022		
Newcastle 8	1839			1936		2042		
Morpeth	-			-		2054		
Alnmouth	-			2001		-		
Berwick	1922			2024		2127		
Dunbar	1944			-		2149		
Edinburgh 10	2007			2108		2212		
Haymarket								
Motherwell								
Glasgow Ctl 15								
Dundee								
Aberdeen								

South Coast & The South West to Manchester, The North East & Scotland

Saturdays

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Features

Period of operation and Notes

Bournemouth	d		1545				1745
Southampton Central	d		1615				1815
Southampton Airport Parkway→	d		1623				1823
Winchester	d		1631				1831
Basingstoke	d		1648				1848
Reading ⁷	d		1715		1815		1915
Oxford	d		1739		1839		1939
Banbury	d		1757		1857		1957
Leamington Spa	d		1815		1915		2015
Coventry	d		1827		1927		2027
Birmingham International→	d		1838		1938		2038
Penzance	d		-		-		-
Plymouth	d	1427	-	1527	-	1627	-
Totnes	d	1453	-	1553	-	1653	-
Paignton	d	-	-	-	-	-	-
Torquay	d	-	-	-	-	-	-
Newton Abbot	d	1506	-	1606	-	1706	-
Teignmouth	d	-	-	-	-	-	-
Dawlish	d	-	-	-	-	-	-
Exeter St. Davids ⁶	d	1527	-	1627	-	1727	-
Tiverton Parkway	d	1541	-	1641	-	1741	-
Taunton	d	1553	-	1653	-	1753	-
Bristol Temple Meads ¹⁰	d	1635	-	1735	-	1835	-
Bristol Parkway ⁷	d	1644	-	1744	-	1844	-
Gloucester ⁷	d	-	-	-	-	-	-
Cheltenham Spa	d	1715	-	1815	-	1915	-
Birmingham New Street ¹²	a	1756	1848	1856	1948	1956	2048
Birmingham New Street	d	1803	1857	1903	1957	2003	2057
Wolverhampton ⁷	d	-	1914	-	2014	-	2116
Stafford	d	-	1928	-	2028	-	2130
Stoke-on-Trent	a	-	1943	-	2043	-	2145
Macclesfield	a	-	2000	-	2100	-	2203
Crewe ¹⁰	a	-	-	-	-	-	-
Stockport	a	-	2013	-	2113	-	2217
Manchester Piccadilly	a	-	2023	-	2123	-	2233
Tamworth	d	1819		-		2020	
Burton-on-Trent	d	-		1926		-	
Derby ⁶	d	1845		1945		2045	
Chesterfield	d	-		2005		-	
Sheffield ⁷	d	1921		2021		2121	
Doncaster ⁷	d	-		-		-	
Wakefield Westgate	d	1948		2047		2147	
Leeds ¹⁰	d	2008		2108		2202a	
York ⁸	d	2031		2146a			
Darlington	d	2100					
Durham	d	2116					
Newcastle ⁸	d	2135					
Morpeth	a	-					
Alnmouth	a	2200					
Berwick-upon-Tweed	a	-					
Dunbar	a	-					
Edinburgh ¹⁰	a	2301					
Haymarket	a						
Motherwell	a						
Glasgow Central ¹⁵	a						
Dundee	a						
Aberdeen	a						

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For help: see 'Using Your Timetable' on page 8



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Bournemouth				1945		
Southptn Ctl				2015		
Southptn Apt→				2023		
Winchester				-		
Basingstoke				2048		
Reading 7	2015			2115		
Oxford	2039			2139		
Banbury	2057			2157		
Leamington	2115			2215		
Coventry	2127			2228		
Bham Intl→	2139			2239		
Penzance	-			-	2130	
Plymouth	-	1827		-	2318a	
Totnes	-	1853		-		
Paignton	-	-	1928	-		
Torquay	-	-	1934	-		
Newton A	-	1906	1944	-		
Teignmouth	-	-	-	-		
Dawlish	-	-	-	-		
Exeter St D 6	-	1927	2008	-		
Tiverton Pkwy	-	1941	2021	-		
Taunton	-	1953	2034	-		
Bristol TM 10	1931	-	2031	2105a	-	
Bristol Pkwy 7	1940	-	2040	-		
Gloucester 7	-	-	-	-		
Cheltenham	2011	-	2111	-		
Bham New St 12	2053	2149	2154	2249		
Bham New St	2103	2157	2203			
Wolverhmpn 7	-	2214	-			
Stafford	-	2228	-			
Stoke	-	2243	-			
Macclesfield	-	2300	-			
Crewe 10	-	-	-			
Stockport	-	2313	-			
Manchester P	-	2328	-			
Tamworth	2120		2220			
Burton	2131		2231			
Derby 6	2145		2242a			
Chesterfield	2208					
Sheffield 7	2225					
Doncaster 7	2255					
Wakefield	2313					
Leeds 10	2327a					
York 8						
Darlington						
Durham						
Newcastle 8						
Morpeth						
Alnmouth						
Berwick						
Dunbar						
Edinburgh 10						
Haymarket						
Motherwell						
Glasgow Ctl 15						
Dundee						
Aberdeen						

South Coast & The South West to Manchester, The North East & Scotland

Sundays

Notes: see Page 51

Features



Period of operation and Notes

Bournemouth	d						
Southampton Central	d						
Southampton Airport Parkway→	d						
Winchester	d						
Basingstoke	d						
Reading 7	d						
Oxford	d						
Banbury	d						
Leamington Spa	d						
Coventry	d						
Birmingham International→	d						
Penzance	d						
Plymouth	d						
Totnes	d						
Paignton	d						
Torquay	d						
Newton Abbot	d						
Teignmouth	d						
Dawlish	d						
Exeter St. Davids 6	d						
Tiverton Parkway	d						
Taunton	d						
Bristol Temple Meads 10	d						
Bristol Parkway 7	d						
Gloucester 7	d						
Cheltenham Spa	d						
Birmingham New Street 12	a						
Birmingham New Street	d					0901	0903
Wolverhampton 7	d					0918	-
Stafford	d					0932	-
Stoke-on-Trent	a					0951	-
Macclesfield	a					1008	-
Crewe 10	a					-	-
Stockport	a					1022	-
Manchester Piccadilly	a					1038	-
Tamworth	d						0919
Burton-on-Trent	d						0930
Derby 6	d						0945
Chesterfield	d						1005
Sheffield 7	d				0921		1021
Doncaster 7	d				-		-
Wakefield Westgate	d				0947		1047
Leeds 10	d		0918	1007			1107
York 8	d		0943	1031			1131
Darlington	d		1011	1059			1159
Durham	d		1028	1116			1216
Newcastle 8	d	0945	1042	1131			1230
Morpeth	a	0957	-	1143			-
Alnmouth	a	1012	-	-			-
Berwick-upon-Tweed	a	-	1124	1216			-
Dunbar	a	-	-	-			-
Edinburgh 10	a	0804d	1112	1210	1259		1357
Haymarket	a	0807					
Motherwell	a	-					
Glasgow Central 15	a	-					
Dundee	a	0918					
Aberdeen	a	1029					

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For help: see 'Using Your Timetable' on page 8

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Bournemouth							0940	
Southptn Ctl					0915		1015	
Southptn Apt→					0923		1023	
Winchester					0931		1031	
Basingstoke					0948		1048	
Reading 7			0915		1015		1115	
Oxford			0939		1039		1139	
Banbury			0957		1057		1157	
Leamington			1015		1115		1215	
Coventry			1027		1127		1227	
Bham Intl→			1038		1138		1238	
Penzance			-		-		-	
Plymouth			-		-		-	0927
Totnes			-		-		-	0953
Paignton			-		-		-	-
Torquay			-		-		-	-
Newton A			-		-		-	1005
Teignmouth			-		-		-	-
Dawlish			-		-		-	-
Exeter St D 6			-		-		-	1027
Tiverton Pkwy			-		-		-	1041
Taunton			-		-		-	1053
Bristol TM 10			-	0915	-	1031	-	1131
Bristol Pkwy 7			-	0924	-	1040	-	1140
Gloucester 7			-	1002	-	-	-	-
Cheltenham			-	1011	-	1111	-	1211
Bham New St 12			1049	1049	1149	1149	1249	1249
Bham New St	1001	1003	1101	1103	1157	1203	1257	1303
Wolverhmpn 7	1018	-	1118	-	1214	-	1314	-
Stafford	1032	-	1132	-	1228	-	1328	-
Stoke	1047	-	1148	-	1243	-	1343	-
Macclesfield	1108	-	1207	-	1300	-	1400	-
Crewe 10	-	-	-	-	-	-	-	-
Stockport	1122	-	1221	-	1315	-	1414	-
Manchester P	1133	-	1241	-	1325	-	1424	-
Tamworth		1019		-		1219		-
Burton		1030		1126		-		1326
Derby 6		1045		1145		1245		1345
Chesterfield		1105		1205		-		1405
Sheffield 7		1121		1221		1321		1421
Doncaster 7		-		-		-		-
Wakefield		1147		1247		1347		1447
Leeds 10		1207		1307		1407		1507
York 8		1231		1331		1431		1531
Darlington		1259		1358		1459		1559
Durham		1316		1415		1516		1616
Newcastle 8		1331		1431		1530		1631
Morpeth		-		1443		-		-
Alnmouth		1355		-		1554		1655
Berwick		1416		-		1615		-
Dunbar		-		1536		-		1736
Edinburgh 10		1459		1559		1700		1759
Haymarket						1716		1816
Motherwell						1753		-
Glasgow Ctl 15						1813		-
Dundee								1929
Aberdeen								2043

South Coast & The South West to Manchester, The North East & Scotland

Sundays

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Features

Period of operation and Notes

L

Bournemouth	d				1140		
Southampton Central	d				1215		
Southampton Airport Parkway→	d				1223		
Winchester	d				1231		
Basingstoke	d				1248		
Reading 7	d	1215			1315		1415
Oxford	d	1239			1339		1439
Banbury	d	1257			1357		1457
Leamington Spa	d	1315			1415		1515
Coventry	d	1327			1427		1527
Birmingham International→	d	1338			1438		1538
Penzance	d	-			-	0930	-
Plymouth	d	-	1027		-	1127	-
Totnes	d	-	1053		-	1153	-
Paignton	d	-	-	1049	-	-	-
Torquay	d	-	-	1055	-	-	-
Newton Abbot	d	-	1106	1109	-	1206	-
Teignmouth	d	-	-	1116	-	-	-
Dawlish	d	-	-	1121	-	-	-
Exeter St. Davids 6	d	-	1127	1135	-	1227	-
Tiverton Parkway	d	-	1141	1148	-	1241	-
Taunton	d	-	1153	1201	-	1253	-
Bristol Temple Meads 10	d	-	1231	1300	-	1331	-
Bristol Parkway 7	d	-	1240	1309	-	1340	-
Gloucester 7	d	-	-	-	-	-	-
Cheltenham Spa	d	-	1311	1341	-	1411	-
Birmingham New Street 12	a	1348	1349	1419	1448	1456	1548
Birmingham New Street	d	1357	1403		1457	1503	1557
Wolverhampton 7	d	1414	-		1514	-	1614
Stafford	d	1428	-		1528	-	1628
Stoke-on-Trent	a	1443	-		1545	-	1646
Macclesfield	a	1500	-		1603	-	1703
Crewe 10	a	-	-		-	-	-
Stockport	a	1514	-		1616	-	1717
Manchester Piccadilly	a	1523	-		1626	-	1726
Tamworth	d		1419			-	
Burton-on-Trent	d		-			1526	
Derby 6	d		1445			1545	
Chesterfield	d		-			1605	
Sheffield 7	d		1521			1621	
Doncaster 7	d		-			-	
Wakefield Westgate	d		1547			1647	
Leeds 10	d		1607			1707	
York 8	d		1631			1731	
Darlington	d		1659			1758	
Durham	d		1716			1815	
Newcastle 8	d		1730			1834	
Morpeth	a		1742			-	
Alnmouth	a		1757			-	
Berwick-upon-Tweed	a		1818			1916	
Dunbar	a		-			1939	
Edinburgh 10	a		1901			2005	
Haymarket	a		1917				
Motherwell	a		1956				
Glasgow Central 15	a		2015				
Dundee	a						
Aberdeen	a						

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For help: see 'Using Your Timetable' on page 8

Bournemouth		1340				1540		
Southptn Ctl		1415				1615		
Southptn Apt→		1423				1623		
Winchester		1431				1631		
Basingstoke		1448				1648		
Reading 7		1515		1615		1715		1815
Oxford		1539		1639		1739		1839
Banbury		1557		1657		1757		1857
Leamington		1615		1715		1815		1915
Coventry		1627		1727		1827		1927
Bham Intl→		1638		1738		1838		1938
Penzance		-		-		-		-
Plymouth	1227	-		-	1427	-		-
Totnes	1253	-		-	1453	-		-
Paignton	-	-		-	-	-		-
Torquay	-	-		-	-	-		-
Newton A	1306	-		-	1506	-		-
Teignmouth	-	-		-	-	-		-
Dawlish	-	-		-	-	-		-
Exeter St D 6	1327	-		-	1527	-		-
Tiverton Pkwy	1341	-		-	1541	-		-
Taunton	1353	-		-	1553	-		-
Bristol TM 10	1431	-	1531	-	1631	-	1731	-
Bristol Pkwy 7	1440	-	1540	-	1640	-	1740	-
Gloucester 7	-	-	-	-	-	-	-	-
Cheltenham	1511	-	1611	-	1711	-	1811	-
Bham New St 12	1550	1648	1649	1748	1750	1848	1850	1948
Bham New St	1603	1657	1703	1757	1803	1857	1903	1957
Wolverhmpn 7	-	1714	-	1814	-	1914	-	2014
Stafford	-	1728	-	1828	-	1928	-	2028
Stoke	-	1746	-	1843	-	1944	-	2044
Macclesfield	-	1803	-	1901	-	2002	-	2102
Crewe 10	-	-	-	-	-	-	-	-
Stockport	-	1817	-	1915	-	2016	-	2115
Manchester P	-	1826	-	1924	-	2025	-	2125
Tamworth	1620		-		1820		-	
Burton	-		1726		-		1926	
Derby 6	1645		1745		1845		1945	
Chesterfield	1705		1805		1905		-	
Sheffield 7	1721		1821		1921		2023	
Doncaster 7	-		-		-		-	
Wakefield	1747		1847		1947		2049	
Leeds 10	1807		1907		2007		2107	
York 8	1831		1931		2031		2130a	
Darlington	1900		1959		2100			
Durham	1918		2016		2118			
Newcastle 8	1932		2036		2134			
Morpeth	-		2048		-			
Alnmouth	1958		-		2159			
Berwick	2020		2123		-			
Dunbar	-		2145		-			
Edinburgh 10	2105		2208		2303			
Haymarket								
Motherwell								
Glasgow Ctl 15								
Dundee								
Aberdeen								

South Coast & The South West to Manchester, The North East & Scotland

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Features



Period of operation and Notes

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Bournemouth	d		1740				
Southampton Central	d		1815				
Southampton Airport Parkway→	d		1823				
Winchester	d		-				
Basingstoke	d		1848				
Reading 7	d		1915				2015
Oxford	d		1939				2039
Banbury	d		1957				2057
Leamington Spa	d		2015				2115
Coventry	d		2027				2127
Birmingham International→	d		2038				2138
Penzance	d		-				-
Plymouth	d	1627	-				-
Totnes	d	1653	-				-
Paignton	d	-	-			1820	-
Torquay	d	-	-			1826	-
Newton Abbot	d	1706	-			1835	-
Teignmouth	d	-	-			-	-
Dawlish	d	-	-			-	-
Exeter St. Davids 6	d	1727	-			1857	-
Tiverton Parkway	d	1741	-			1910	-
Taunton	d	1753	-			1923	-
Bristol Temple Meads 10	d	1831	-	1931		1957a	-
Bristol Parkway 7	d	1840	-	1940			-
Gloucester 7	d	-	-	-		2049	-
Cheltenham Spa	d	1911	-	2011		2059	-
Birmingham New Street 12	a	1950	2048	2055		2145	2148
Birmingham New Street	d	2003	2057	2103		2152	2157
Wolverhampton 7	d	-	2114	-			2214
Stafford	d	-	2128	-			2228
Stoke-on-Trent	a	-	2144	-			2243
Macclesfield	a	-	2201	-			2300
Crewe 10	a	-	-	-			-
Stockport	a	-	2215	-			2313
Manchester Piccadilly	a	-	2224	-			2323
Tamworth	d	2020		2119			
Burton-on-Trent	d	-		2130			
Derby 6	d	2045		2145			
Chesterfield	d	-		-			
Sheffield 7	d	2120		2221			
Doncaster 7	d	-		-			
Wakefield Westgate	d	2147		2249			
Leeds 10	d	2202a		2303a			
York 8	d						
Darlington	d						
Durham	d						
Newcastle 8	d						
Morpeth	a						
Alnmouth	a						
Berwick-upon-Tweed	a						
Dunbar	a						
Edinburgh 10	a						
Haymarket	a						
Motherwell	a						
Glasgow Central 15	a						
Dundee	a						
Aberdeen	a						

Times may vary at weekends to allow track improvement work to take place. Please check before travelling by visiting crosscountrytrains.co.uk or calling National Rail Enquiries on 03457 48 49 50

Please note : All direct CrossCountry services are shown in **bold**. Food and drink is available on services shown with dark shading.

For help: see 'Using Your Timetable' on page 8



Bournemouth	1940			
Southptn Ctl	2015			
Southptn Apt→	2023			
Winchester	-			
Basingstoke	2048			
Reading 7	2112			
Oxford	2136			
Banbury	2154			
Leamington	2212			
Coventry	2224			
Bham Intl→	2234			
Penzance	-			
Plymouth	1827	-		
Totnes	1853	-		
Paignton	-	-		
Torquay	-	-		
Newton A	1906	-		
Teignmouth	-	-		
Dawlish	-	-		
Exeter St D 6	1927	-		
Tiverton Pkwy	1941	-		
Taunton	1953	-		
Bristol TM 10	2031	-	2210	
Bristol Pkwy 7	2040	-	2219	
Gloucester 7	-	-	-	
Cheltenham	2111	-	2250	
Bham New St 12	2150	2244	2341	
Bham New St	2203			
Wolverhmpn 7	-			
Stafford	-			
Stoke	-			
Macclesfield	-			
Crewe 10	-			
Stockport	-			
Manchester P	-			
Tamworth	2220			
Burton	-			
Derby 6	2245			
Chesterfield	2305			
Sheffield 7	2321			
Doncaster 7	-			
Wakefield	-			
Leeds 10	0012a			
York 8				
Darlington				
Durham				
Newcastle 8				
Morpeth				
Alnmouth				
Berwick				
Dunbar				
Edinburgh 10				
Haymarket				
Motherwell				
Glasgow Ctl 15				
Dundee				
Aberdeen				

Notes

Additional services are provided by other train companies, contact National Rail Enquiries for full service information.

- a Arrival time
- d Departure time

Period of operations and notes

- * Arrives Bristol Temple Meads 1808
- A Starts from Nottingham 0639 (Monday - Friday) 0642 (Saturday) also calls at Beeston 0645 (Monday - Friday) 0648 (Saturday)
- B Also calls at Liskeard 0641, Bodmin Parkway 0654, Par 0707, St Austell 0714, Truro 0731, Redruth 0743 and St Erth 0803
- C Also calls at Stonehaven 0837, Montrose 0859 and Arbroath 0914
- D Also calls at Stonehaven 2152, Montrose 2213 and Arbroath 2228
- E Also calls at Liskeard 1925, Bodmin Parkway 1938, St Austell 1956, Truro 2015, Redruth 2027 and St Erth 2043
- F Also calls at Stonehaven 0837, Montrose 0859 and Arbroath 0914, Liskeard 2014, Bodmin Parkway 2026, St Austell 2044, Truro 2100, Redruth 2111 and St Erth 2130
- G Also calls at Stonehaven 1127, Montrose 1149 and Arbroath 1204
- H Also calls at Stonehaven 2147, Montrose 2208 and Arbroath 2223
- I Also calls at St Erth 0934, Redruth 0954, Truro 1007, St Austell 1023, Bodmin Parkway 1041 and Liskeard 1053
- J Also calls at St Erth 2217, Hayle 2221, Camborne 2231, Redruth 2237, Truro 2250, St Austell 2306, Par 2313, Lostwithiel 2320, Bodmin Parkway 2326 and Liskeard 2338
- K Also calls at St Erth 2139, Redruth 2156, Truro 2208, St Austell 2225, Bodmin Parkway 2242 and Liskeard 2254
- L Also calls at St Erth 0938, Redruth 0955, Truro 1008, St Austell 1024, Bodmin Parkway 1041 and Liskeard 1055
- N Also calls at Liskeard 1918, Bodmin Parkway 1931, St Austell 1949, Truro 2009, Redruth 2021 and St Erth 2037
- P1 Also calls at Brockenhurst 0959
- P2 Also calls at Brockenhurst 1859
- P3 Also calls at Brockenhurst 1000
- P4 Also calls at Brockenhurst 1900
- P5 Also calls at Brockenhurst 2000
- P6 Also calls at Brockenhurst 1110
- P7 Also calls at Brockenhurst 1910
- P8 Also calls at Brockenhurst 0955
- P9 Also calls at Brockenhurst 1755

-  A seat reservation is strongly advised as these services are usually very busy.
-  Refreshments are not available on these services.
-  Service operated by rail replacement road transport.

After your journey

We hope you enjoyed travelling with us.



Lost property

We'll do all we can to help reunite you with any lost property. If you've left something on board it will be taken off at the station where the train ends its journey and handed to their lost property office. If you e-mail or call our Customer Relations Team we'll provide you with contact details of the train company responsible for that station. If you've left something at a station we will provide the contact details for the train company responsible for that station.

Email lost.property@crosscountrytrains.co.uk
Telephone 03447 369 123



Your feedback

We always welcome your feedback. If you have any comments, complaints or suggestions regarding your journey with CrossCountry, there are a number of ways to get in touch:

Email customer.relations@crosscountrytrains.co.uk
Telephone 03447 369 123
Fax 0121 200 6005
Textphone 0121 200 6420
Post Customer Relations Manager
CrossCountry, Cannon House
18 The Priory Queensway
Birmingham B4 6BS
Twitter @CrossCountryUK
Facebook [Facebook.com/Crosscountrytrains](https://www.facebook.com/Crosscountrytrains)

If you have a complaint and are not satisfied with the response you receive, you can ask to hear directly from one of our Managers. If the issue is subsequently not resolved to your satisfaction, you can contact the Rail Ombudsman by:

Email info@railombudsman.org
Telephone 0330 094 0362
Post FREEPOST – RAIL OMBUDSMAN



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Book 1 15 May – 10 December 2022 XC2209

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The South West to Birmingham, Manchester, the North East and Scotland

The South Coast and Reading to Birmingham and the North East

The South Coast and Reading to Birmingham and Manchester

Birmingham to Leicester, Cambridge and Stansted Airport

Cardiff to Birmingham and Nottingham



Please note: not all stations are shown